



# EGG WHITE PROTEIN ISOLATE



## HOW WE MAKE IT:



### STEP 01

We extract egg whites from eggs, then use a new technology to filter out substances that taste bad.



### STEP 02

We then spray the egg whites to create an egg mists that dissolve into a powder.



### STEP 03

Next we add an extract from sunflower seeds called lecithin. This makes the powder mix with water properly.



### STEP 04

We then blend the powder with cocoa, organic cane sugar, a natural chocolate flavoring and a little salt to get the taste right.



### STEP 05

Lastly we add a gum extract from the guar bean to thicken the final shake, giving it that real chocolate milk-like consistency. Yum!

## A COMPLETE PROTEIN:



**WE ARE BLONYX** - Creators of better sports nutrition products focused on helping your athletes win. Our mission is to introduce a revolution in the sports nutrition market that brings real science, simplicity and integrity back to an industry we feel needs to show more respect to the athletes it serves.

Egg whites are an excellent source of high food protein with a bioavailability and amino acid profile very similar to whey. Unlike whey, our unique egg white protein isolate requires far less processing and tastes far better. Let us know what you think!

## HOW TO USE IT:



TAKE ONE  
LEVEL SCOOP



ADD TO 8OZ  
WATER (1 CUP)



SHAKE WELL  
AND DRINK\*

\*Feel free to mix this with any beverage you dare, but this stuff tastes awesome with just water!

**SUGGESTED USE:** Ideally consume within 1h of physical activity.

## SUPPLEMENT FACTS

SERVING SIZE: 37g or approx 1 scoop  
SERVINGS PER CONTAINER: 20

|                    | AMOUNT PER SERVING | % DAILY VALUE |
|--------------------|--------------------|---------------|
| Calories           | 130                |               |
| Total Fat          | 0.5g               | 1%*           |
| Total Carbohydrate | 14g                | 9%*           |
| Dietary Fiber      | 1g                 | 4%            |
| Total Sugars       | 11g                | **            |
| Added Sugars       | 11g                | **            |
| Protein            | 20g                | 22%           |
| Iron               | 1 mg               | 6%            |
| Sodium             | 230mg              | 10%           |
| Potassium          | 121 mg             | 3%            |

\*Percent Daily Values are based on a 2,000 calorie diet.

\*\*Daily Value not established.

**INGREDIENTS:** Egg white protein isolate, organic cane sugar, natural chocolate flavor, cocoa, guar gum, sea salt, sunflower lecithin.

**CONTAINS:** Eggs

## ALIGNING SPORTS NUTRITION WITH ATHLETIC AMBITION

**IMPORTANT INFO:** This product is intended to fuel and support physical activity. It is not a weight loss supplement. While there is limited research showing that protein supplements can improve performance (it's a hard thing to study), it has been shown that protein and carbohydrate supplements used after training stimulate muscle protein production\*. See [www.blonyx.com](http://www.blonyx.com) for more details and references.

\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Dietary Supplement

Net Wt 26oz/ 740g



**INDEPENDENTLY TESTED FOR BANNED SUBSTANCES**

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