

Suggested Use: 3 capsules daily. 1 morning, noon and evening.

Warning: *Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.*

Do not use if the inner seal is broken or damaged. Store in a cool, dry place.

As always, consult your physician before using this product if you are pregnant, lactating or have a medical condition.

KEEP OUT OF REACH OF CHILDREN.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or

Distributed by:
Micro-Tech
Mesa, AZ 85203



Total Health Formula Dietary Supplement

90 Capsules

Supplement Facts

Serving Size: 3 capsules

Servings per container: 30

Amount Per Serving		%Daily Value
Vitamin D (Cholecalciferol)	360 i.u.	90%
Calcium (Phosphate, Carbonate)	440 mg	44%
Iron (Ferrous fumarate)	3 mg	17%
Potassium (DiPotassium Phosphate)	10 mg	<1%
Vitamin A (Beta carotene)	5,000 i.u.	100%
Vitamin C (Ascorbic acid)	100 mg	167%
Vitamin E (d-alpha Tocopheryl succinate)	75 i.u.	250%
Thiamin (Thiamin HCl)	3 mg	200%
Riboflavin	3 mg	176%
Niacin (Niacinamide)	20 mg	100%
Vitamin B6 (Pyridoxine HCl)	3 mg	150%
Folate	250 mcg	63%
Vitamin B12 (Cyanocobalamin)	9 mcg	150%
Biotin	150 mcg	50%
Vitamin B5 (d-Calcium pantothenate)	10 mg	100%
Phosphorus	335 mg	33%
(DiCalcium phosphate and DiPotassium phosphate)		
Iodine (Potassium iodide)	75 mcg	50%

Amount Per Serving		%Daily Value
Magnesium (Oxide)	150 mg	38%
Zinc (Oxide)	10 mcg	67%
Selenium (L-Selenomethionine)	12 mcg	17%
Copper (Gluconate)	750 mcg	37%
Manganese (Amino acid chelate)	2.5 mg	125%
Chromium (Amino acid chelate)	124 mcg	103%
Molybdenum (Amino acid chelate)	15 mcg	20%
Protease	40 mg	**
Amylase	75 mg	**
Lipase	160 mg	**
Peptidase	4 mg	**
Lactase	1.5 mg	**
Vanadium (Amino acid chelate)	7 mcg	**
Sucrase invertase	10 mg	**
Diastase	4 mg	**
Cellulase	5 mg	**
Boron (Amino acid chelate)	15 mcg	**

*Daily Value not established

OTHER INGREDIENTS: CELLULOSE, GELATIN (CAPSULE), MAGNESIUM STEARATE (LUBRICANT), SILICA (ANTI-CAKING), GUAR GUM.