

- GMP Manufacturing • Quality Assured • Independent Testing
- Do Not Use if Safety Seal is Broken
- Store Tightly Sealed in a Cool, Dry Place

Discussion: Rhodiola and Ashwagandha are adaptogenic herbs that promote the body's natural ability to react favorably to stress. Supports cognitive function through the maintenance of healthy mental focus and attention span, and supports mental stamina.*

Directions: Take 1 capsule 1-3 times daily with/without food, or as directed by a qualified health care practitioner. Do not take immediately before bedtime. Do not open capsules, as this may compromise the stability of the medicinal ingredients.

Warning: Do not use if you have bipolar disorder or bipolar spectrum disorder. Consult your physician before use if you are pregnant, lactating, have a medical condition, or if you're taking any medication (EG. antidepressant medication, hormone replacement therapy (HRT) or birth control pills). Keep out of reach of children.

Caution: Consumption with alcohol, drugs or other natural health products with sedative properties is not recommended. If you experience irritability or insomnia, discontinue use.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Item# AOR08363 NV01.00



Relax & Recharge

Supports Healthy Response
to Mental Fatigue and Stress*



Vegan



Non-GMO



Gluten Free



VEGETARIAN
CAPSULES

ADVANCED

DIETARY
SUPPLEMENT

Supplement Facts

Serving Size 1 Capsule

Servings Per Container: 90

	Per Capsule		Per Day (3 Capsules)	
Amount per serving	% DV		% DV	
Rhodiola (<i>Rhodiola rosea</i>) root extract	200 mg	†	600 mg	†
- Rosavin	6 mg	†	18 mg	†
- Salidroside	2 mg	†	6 mg	†
Ashwagandha (<i>Withania somnifera</i>) root extract	200 mg	†	600 mg	†
- Withanolides	5 mg	†	15 mg	†

† Daily Value not established.

Other Ingredients: microcrystalline cellulose, capsule (hypromellose and purified water).

AOR™ guarantees that all ingredients have been declared on the label. Made without wheat, gluten, corn, nuts, peanuts, sesame seeds, sulfites, mustard, soy, dairy, eggs, fish, shellfish or any animal byproduct.

Note: Product appearance, odor and taste may vary from one LOT to another due to the use of natural ingredients.

Manufactured by AOR™ Inc.

30 Industrial West, Clifton, NJ, 07012 • Product of Canada

To report a serious adverse event or obtain product information, call 1-866-215-0450