

- GMP Manufacturing • Quality Assured • Independent Testing
- Do Not Use if Safety Seal is Broken
- Store Tightly Sealed in a Cool, Dry Place

Discussion: Total E™ is the first truly *balanced, complete* E-complex supplement. Vitamin E is not just alpha-tocopherol, and not just "mixed tocopherols" either. Total E™ includes eight distinct *vitamin E molecules* (or "vitamers"): four tocopherols and four tocotrienols. Different members of the vitamin E family have unique functions not shared by other E vitamers. Coenzyme Q10 is included for additional support.*

Directions: Take 1 softgel daily with a fat-containing meal, or as directed by a qualified health care practitioner. An extra softgel should be taken for each 200 IU of alpha-tocopherol in any other supplements you may be taking.

Warning: Consult your physician before use if you're pregnant, lactating, have a medical condition, or if you're taking any medication (e.g. blood pressure medication or blood thinners like warfarin). Keep out of reach of children.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Item# AOR08309 NV01.00



AOR™
Advanced Orthomolecular Research

Total E™

Tocopherols, Tocotrienols
& CoQ10



SOFTGELS

ADVANCED



Non-GMO



Gluten Free



MyBlueprint™



Absorbable

**DIETARY
SUPPLEMENT**

Supplement Facts

Serving Size 1 Softgel

Servings Per Container: 60

	Per Softgel	
	Amount per serving	%Daily Value
Vitamin E (as d-alpha-tocopherol)	65 mg (97IU)	433%
Mixed Tocopherols	300 mg	†
- d-gamma-tocopherol	210 mg	†
- d-delta-tocopherol	82 mg	†
- d-beta-tocopherol	8 mg	†
Mixed Tocotrienols	50 mg	†
- d-gamma-tocotrienol	28 mg	†
- d-alpha-tocotrienol	15 mg	†
- d-delta-tocotrienol	6.3 mg	†
- d-beta-tocotrienol	0.6 mg	†
Coenzyme Q10 (as Ubiquinone from natural-biofermentation)	30 mg	†

† Daily Value not established.

Sources: Alpha-tocopherol: soybean and palm fruit. Other tocopherols: soybean.

Tocotrienols: palm fruit.

Other Ingredients: olive oil, softgel (gelatin, glycerin, water and caramel color), palm oil, and soybean oil.

Contains: soy and sulfites.

AOR™ guarantees that all ingredients have been declared on the label. Made without wheat, gluten, corn, nuts, peanuts, sesame seeds, mustard, dairy, eggs, fish, or shellfish.

Manufactured by AOR™ Inc. 30 Industrial West, Clifton, NJ, 07012 • Product of Canada

To report a serious adverse event or obtain product information, call 1-866-215-0450