

- GMP Manufacturing • Quality Assured • Independent Testing
- Do Not Use if Safety Seal is Broken
- Store Tightly Sealed in a Cool, Dry Place

Discussion: Ortho Sleep™ is a comprehensive formula including the most powerful and clinically studied natural ingredients available, including melatonin, GABA, valerian root and lemon balm extract. Promotes normal, calm and peaceful sleep.*

Directions: Take 2 capsules before bedtime with/without food or as directed by a qualified health care practitioner.

Warning: Do not use if pregnant or breastfeeding. Consult a health care practitioner prior to use if you have a medical condition or if you're using other medications. Keep out of reach of children

Caution: Do not drive or use machinery for 5 hours after taking Ortho Sleep™, exercise caution if operating heavy machinery, driving a motor vehicle or involved in activities requiring mental alertness. Hypersensitivity (e.g. allergy) has been known to occur, in which case, discontinue use and consult a healthcare provider.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Item# AOR08186 NV01.00



AOR™
Advanced Orthomolecular Research

Ortho Sleep™

With **cyracos**

Promotes Restful Sleep*



**VEGETARIAN
CAPSULES**

ADVANCED

**DIETARY
SUPPLEMENT**



Vegan



Non-GMO



Gluten Free

Supplement Facts

Serving Size 2 Capsules
Servings Per Container: 30

	Amount per serving	%Daily Value
Lemon balm (<i>Melissa officinalis</i> L) aerial parts extract*	300 mg	†
L-Theanine	200 mg	†
Valerian (<i>Valeriana officinalis</i> L) root extract	150 mg	†
GABA (gamma aminobutyric acid)	100 mg	†
L-5-Hydroxytryptophan (from Griffonia seed)	100 mg	†
Passionflower (<i>Passiflora incarnate</i> L.) aerial parts extract*	32 mg	†
Melatonin	3 mg	†
† Daily Value not established.		

Other Ingredients: capsule (hypromellose and purified water), maltodextrin, silicon dioxide, gum arabic and sodium stearyl fumarate.

AOR™ guarantees that all ingredients have been declared on the label. Made without wheat, gluten, nuts, peanuts, sesame seeds, sulfites, mustard, soy, dairy, eggs, fish, shellfish or any animal byproduct.

*Lemon balm **cyracos** is a registered trademark of Naturex, Inc

Manufactured by AOR™ Inc.

30 Industrial West, Clifton, NJ, 07012 • Product of Canada

To report a serious adverse event or obtain product information, call 1-866-215-0450