

- GMP Manufacturing • Quality Assured • Independent Testing
- Do Not Use if Safety Seal is Broken
- Store Tightly Sealed in a Cool, Dry Place

Discussion: Ortho Iron™ is formulated with the necessary cofactors to support iron absorption to help promote healthy iron levels.* Ortho Iron™ contains SunActive®Fe, an award-winning patented form of iron recognized for its superior bioavailability and gastric tolerability.*

Directions: Take 1 capsule daily with food, or as directed by a qualified health care practitioner. Take a few hours before or after taking other medications.

Warning: Consult your physician before use if you are pregnant, lactating, have a medical condition, or are taking any medication. Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Caution: Take a few hours before or after taking other medications. Taking a daily prenatal multivitamin or mineral supplement along with this product may result in constipation, diarrhea, and/or vomiting due to the high intake of iron. Consult a health care practitioner prior to use if you are allergic to cow's milk/dairy products.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Item# AOR08318 NV01.00



AOR™
Advanced Orthomolecular Research

Ortho Iron™

Supports Iron Absorption
& Gastric Tolerability*



**VEGETARIAN
CAPSULES**

ADVANCED



Vegetarian



Non-GMO



Gluten Free



MyBlueprint™



Absorbable

**DIETARY
SUPPLEMENT**

Supplement Facts

Serving Size 1 Capsule

Servings Per Container: 60

	Per Capsule	
	Amount per serving	% Daily Value
Vitamin C (as ascorbic acid)	200 mg	222%
Vitamin B6 (as Pyridoxal-5'-phosphate)	25 mg	1,470%
Folate (as calcium L-5-MTHF)	1,335 mcg	333%
	DFE* (800 mcg folic acid)	
Vitamin B12 (as Methylcobalamin)	650 mcg	27,083%
Iron (as ferric pyrophosphate, and lactoferrin)	30 mg	167%
Copper (from copper citrate)	0.9 mg	100%
Lactoferrin	100 mg	†

† Daily Value not established.

*Daily Folate Equivalent

Other Ingredients: microcrystalline cellulose, capsule (hypromellose, and purified water), maltodextrin, sodium stearyl fumarate, and lecithin (sunflower).

Contains: milk and soy.

AOR™ guarantees that all ingredients have been declared on the label. Made without wheat, gluten, corn, nuts, peanuts, sesame seeds, sulfites, mustard, eggs, fish or shellfish.

SunActive®Fe is a registered trademark of Taiyo International, Inc.

Manufactured by AOR™ Inc. 30 Industrial West, Clifton, NJ, 07012 • Product of Canada

To report a serious adverse event or obtain product information, call 1-866-215-0450