

No Artificial Flavors, Sodium Free,
No Dairy.

**KEEP OUT OF REACH OF
CHILDREN.**

Store in a cool, dry place.

For More Information:

1-888-462-2548

SHOP NOW @ GNC.COM

Distributed by:

General Nutrition Corporation
Pittsburgh, PA 15222 USA

* These statements have not been
evaluated by the Food and Drug
Administration. This product is not
intended to diagnose, treat, cure,
or prevent any disease.

GNC

WOMEN'S Prenatal Formula without Iron

Dietary Supplement

NUTRITIONAL INSURANCE FOR MOM & BABY*

- 1000 mcg of folic acid for fetal development*
- Calcium to support bone health*
- Antioxidants to protect against free radicals*

**60 CAPLETS
30-DAY SUPPLY**

CODE 214212

DIRECTIONS: As a dietary supplement, take two caplets daily with food.

ITG

Supplement Facts

Serving Size Two Caplets
Servings Per Container 30

Amount Per Serving		% Daily Value†
Vitamin A (as beta-Carotene)	1350 mcg	104%
Vitamin C (as Ascorbic Acid)	120 mg	100%
Vitamin D (as Cholecalciferol D-3)	10 mcg (400 IU)	67%
Vitamin E (as d-alpha Tocopheryl Succinate)	24.79 mg	130%
Thiamin (Vitamin B-1) (as Thiamin Mononitrate)	1.4 mg	100%
Riboflavin (Vitamin B-2)	1.6 mg	100%
Niacin (as Niacinamide)	18 mg	100%
Vitamin B-6 (as Pyridoxine Hydrochloride)	10 mg	500%
Folate	1667 mcg DFE (1000 mcg Folic Acid)	278%

Amount Per Serving		% Daily Value†
Vitamin B-12 (as Cyanocobalamin)	8 mcg	286%
Biotin	35 mcg	100%
Pantothenic Acid (as Calcium d-Pantothenate)	7 mg	100%
Choline (as Choline Bitartrate)	0.55 mg	0%
Calcium (as Calcium Carbonate)	600 mg	46%
Iodine (as Potassium Iodide)	290 mcg	100%
Magnesium (as Magnesium Oxide)	200 mg	50%
Zinc (as Zinc Oxide)	15 mg	115%
Selenium (as Selenium Yeast)	70 mcg	100%
Copper (as Copper Gluconate)	1.3 mg	100%
Manganese (as Manganese Sulfate)	2.6 mg	100%
Molybdenum (as Sodium Molybdate)	50 mcg	100%
Boron (as Boron Citrate)	150 mcg	*

† Daily Value for pregnant or lactating women.

* Daily Value not established.

OTHER INGREDIENTS: Microcrystalline Cellulose, Maltodextrin, Hydroxypropyl Methylcellulose, Corn Starch, Stearic Acid Vegetable Source, Croscarmellose Sodium, Titanium Dioxide (Mineral Whitener), Polyethylene Glycol, Calcium Silicate, Silicon Dioxide, Talc, Vegetable Acetoglycerides, Polysorbate 80.

CONTAINS: Wheat and Soybeans.

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery. Niacin may cause a temporary flushing reaction. Inform your physician of this product's biotin content before any lab test. Folate intake should not exceed 278% of the DV, 1667 mcg DFE (1000 mcg). Conforms to USP <2091> for weight. Meets USP <2040> disintegration.

Lot No./Best By:

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