- GMP Manufacturing Quality Assured Independent Testing
- Do Not Use if Safety Seal is Broken
- Store Tightly Sealed in a Cool, Dry Place

**Discussion:** Ortho Bone™ Vegan is an advanced combination of nutrients including a superior vegan calcium to support healthy bone structure. The formula features calcium citrate-malate, which is a more bioavailable calcium than simple calcium citrate. It also includes two research supported forms of vitamin K2, vegan vitamin D3 and all other key nutrients in research-backed doses and forms.\* Directions: Take 5 capsules 1-2 times daily, with meals to facilitate maximum absorption, taking second dose with the last meal or snack of the day, or as directed by a qualified health care practitioner.

Warning: Consult your physician if you're pregnant or lactating or if you have a medical condition, or if you're taking any medication (such as blood thinners). Keep out of reach of children.

Caution: Some people may experience diarrhea.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Item# A0R08047 NV01.00







## Ortho Bone™ Vegan







MyBlueprint\*

Advanced Osteo Formula to Support Healthy Bones\*





DIETARY SUPPLEMENT

## **Supplement Facts**

Serving Size 5 Capsules Servings Per Container: 60

	Per 5 Ca	Per 5 Capsules		Per Day (10 Capsules)	
Amount per serving		% DV		% DV	
Vitamin C (from magnesium ascorbate)	45 mg	50%	90 mg	100%	
Vitamin D3 (as cholecalciferol)	(500 IU)	65%	(1,000 IU)	125%	
Vitamin K2	60 mcg	50%	120 mcg	100%	
- MK-4	30 mcg		60 mcg		
- MK-7	30 mcg		60 mcg		
Folate (from calcium L-5-MTHF)	335 mcg DFE*		670 mcg DFE*	168%	
1000	(200 mcg folic aci	d)	(400 mcg folic acid)		
Vitamin B12 (as Methylcobalamin)	12 mcg	500%	24 mcg	1,000%	
Calcium (from calcium citrate, calcium malate)	500 mg	38%	1000 mg	77%	
Magnesium (from magnesium citrate, magnesium ascorbati	e) 210 mg	50%	420 mg	100%	
Zinc (from zinc citrate)	5.5 mg	50%	11 mg	100%	
Copper (from copper (II) citrate)	0.5 mg	56%	1 mg	111%	
Manganese (from manganese bisglycinate)	1.2 mg	50%	2.3 mg	100%	
Silicon (from HVP chelate)	18 mg	1	35 mg	1	
Boron (from boron citrate)	350 mcg	- t	700 mcg	1	
† Daily Value not established.			*Dietary Folate E	quivalent	

Other Ingredients: tapioca dextrin, maltodextrin, citric acid (preservative), glycine, L-aspartic acid, rice flour, soy flour, magnesium trisilicate, sucrose, acacia gum, capsule (hypromellose and purified water), corn starch, tricalcium phosphate and medium chain triglycerides.

## Contains: soy.

ADR™ guarantees that all ingredients have been declared on the label. Made without wheat, gluten, peanuts, sesame seeds, sulfites, mustard, dairy, eggs or any animal byproduct.

Manufactured by AOR™ Inc.

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To report a serious adverse event or obtain product information, call 1-866-215-0450