

"At Nutrition53, we collaborated with the top doctors. scientists and nutritionists in the world to deliver the highest quality nutritional products that perform for you. It is our promise and commitment to help you every step of the way towards achieving your active, healthy lifestyle."

- Bill Romanowski.

Nutrition53 Founder & 4-Time Super Bowl Champion

GETTING LEAN AND FIT NEVER TASTED SO GOOD!

Get lean and balanced nutrition with the *Lean1*™ Fat-Burning Protein Shake. You'll notice the *Lean1*™ difference right away. The incredible taste, the energy, and the satisfaction of knowing that you're giving your body the right balance of nutrients to help you look and feel your best each and every day.

HOW TO USE LEAN1"

- For Weight Loss, Replace 1-2 Meals a Day
- For Performance, Before and After Workouts
- For an In-Between Meal Healthy Snack Option
- 4 For a Delicious Low-Calorie Dessert Option

WARNING: Lean1 Fat-Burning Protein Shake is intended for individuals who are serious about

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure.

or prevent any disease.



ANTIOXIDANT PROTECTION[†]

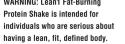
Boost antioxidant power with 18 fruits and vegetables including super fruits like acai, mangosteen and goji, along with 24 vitamins and minerals and 200 IU of vitamin D3



HEALTHY DIGESTION[†] Lean1™ promotes natural gut health with the combination of 11 grams of fiber, lactose free proteins and proteolytic enzymes that work synergistically for healthy digestion.



HELPS BURN BODY FAT FASTER Green coffee bean extract has two beneficial ingredients for weight loss which are caffeine and chlorogenic acid. Lean1™ gives you both energy and healthy weight loss



full, satisfied and energized without feeling hungry.

TONES AND DEFINES MUSCLES† Nutrition53's protein matrix made up of soy protein, milk protein isolate, whey protein isolate, pea protein and micellar



CURBS HUNGER CRAVINGS† Bioactive nutrients like fiber, milk protein isolate and amino acids work together while losing weight to help you feel





Get LEAN • Stay LEAN

CHOCOLATE

Natural & Artificial Flavors

LACTOSE FREE

FRUITS & VEGETABLES GLUTEN FREE **PROTFINS**

NET WT. 31.7 OZ (900G)

Nutrition Facts Protein Isolate, Taurine, Pea Protein, Glutamine, Micellar Casein), Lean1 Fiber + Fruit and Vegetable Blend (Soluble Vegetable Fiber, Green Coffee Bean

Serving Size: 2 Scoops (60g) Servings Per Container: 15

Powder, Spinach Powder, Tomato Powder, Parsley Powder, Mangosteen Powder, Acai Powder, Goji Berry Powder, Cabbage Powder, Apricot Powder, Amount per serving Pineapple Powder, Banana Powder), Soy Protein, Cane Sugar, Cocoa Calories 210 Calories from Fat 60 Processed with Alkali, Sunflower Oil, Maltodextrin, Natural and Artificial Flavors, Canola Oil, Vitamin Mineral Blend (Sea Salt, Potassium Chloride, % Daily Value Dicalcium Phosphate, Ferrous Fumarate, Ascorbic Acid, DL-Alpha Tocopheryl Total Fat 7g Acetate, Niacinamide, Zinc Oxide, Copper Gluconate, D-Calcium Pantothenate, Calcium Carbonate, Manganese Sulfate, Vitamin A Palmitate, Saturated Fat 1g Pyridoxine Hydrochloride, Thiamine Hydrochloride, Riboflavin, Chromium Chloride, Folic Acid, Biotin, Sodium Selenate, Potassium Iodide, Sodium Trans Fat 0a Molybdate, Phytonadione, Cholecalciferol, Cyanocobalamin), Gum Blend Cholesterol 5mg (Cellulose Gum, Xanthan Gum, Carrageenan), Sodium Caseinate, Sucralose, Soy Lecithin, Silicon Dioxide, Modified Food Starch, Digestive Performance Sodium 400ma Blend (Protease, Amylase, Lipase, Lactobacillus acidophilus) Potassium 470mg Allergens: Contains Milk, Sov. Total Carbohydrate 26g Lean1 is made in a sport certified manufacturing facility. This means that every Dietary Fiber 11a ingredient and every batch of Lean1 that is produced is tested to the highest Sugars 9a Protein 20g

Iron 50%

Vitamin E 50%

Thiamin 50%

Niacin 50%

Folate 50%

Biotin 50%

Selenium 50%

Manganese 50%

Molybdenum 50%

Vitamin A 50%

Calcium 20%

Vitamin D 50%

Vitamin K 50%

Riboflavin 50%

Zinc 50%

Copper 50%

Chromium 50%

Vitamin B6 50%

Vitamin B12 50%

Pantothenic Acid 50% • Iodine 50%

Percent Daily Values are based on a 2,000 calorie diet.

Vitamin C 50%





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standard so you can feel confident about what you're putting in your body.



Nutrition53, Inc., Benicia, CA 94510



For more product information, visit www.Nutrition53.com

INGREDIENTS: N53 Lean1 Performance Blend (Milk Protein Isolate, Whey

Extract, Mango Powder, Watermelon Powder, Cranberry Powder, Broccoli

Powder, Carrot Powder, Pomegranate Powder, Blueberry Powder, Beet

or call us at 1-888-4-Team53 (888-483-2653)













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