



Lot # and Expiration
Date Printed on
bottom of Bottle
V5R1

SUGGESTED USE:

As a dietary supplement take two (2) veggie capsules once a day. For best results take 20-30 min before a meal with an 8oz. glass of water or as directed by your healthcare professional.

CAUTION: Do not exceed recommended dose. Pregnant or nursing mothers, children under the age of 18, and individuals with a known medical condition should consult a physician before using this or any dietary supplement.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

KEEP OUT OF THE REACH OF CHILDREN.
DO NOT USE IF SAFETY SEAL IS
DAMAGED OR MISSING. STORE IN A
COOL, DRY PLACE.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or mitigate any disease.



COGNIZANCE

— THE BRAIN PILL —

BRAIN HEALTH & FOCUS

#thebrainpill

DIETARY SUPPLEMENT
60 CAPSULES

Supplement Facts

Serving Size: 2 Capsules
Servings Per Container: 30



Amount Per Serving			%DV		
Vitamin A (as Beta Carotene)	2400 IU	48%	Selenomethionine (Amino Acid Chelate 0.2%)	50 mcg	71%
Vitamin C (as Ascorbic Acid)	125 mg	208%	Copper (Glucuronate 13%)	52 mcg	3%
Vitamin D (as cholecalciferol)	100 IU	25%	Manganese (Sulphate 20%)	40 mcg	20%
Vitamin E (as dl Alpha Tocopherol 50%)	30 IU	100%	Chromium (Polynicotinate)	12 mcg	10%
Vitamin B1 (as Thiamine Mononitrate)	3 mg	200%	Molybdenum (Amino Chelate)	10 mcg	20%
Vitamin B2 (Riboflavin)	1.7 mg	100%	Potassium (Citrate 36%)	50 mg	1.4%
Vitamin B3 (Niacidine)	12.5 mg	62%	Proprietary Blend (as potassium citrate, potassium aspartate & potassium ascorbate)	692 mg	**
Vitamin B6 (Pyridoxal Phosphate)	12 mg	600%	DMAE Bitartrate (Dimethylaminoethano), L Glutamine, Glutamic Acid, Green Tea Extract, Bacopa Extract, Choline (bitartrate), Inositol, N-Acetyl L-Tyrosene, Bilberry Fruit Extract, Gaba (Gamma Aminobutyric Acid) Grape Seed Extract, Grape Fruit Seed Extract, Olive Leaf, Cinnamon Bark Extract, Licorice Root Extract, Boron (Citrate), DHA (Docosahexaenoic Acid) 14%, Vanadyl Sulfate 19%, Phosphatidylserine Serine 20%, Huperzine A		
Folic Acid Pure (as folic acid)	400 mc	100%			
Biotin 1%	3 mcg	3%			
Vitamin B5 (Pantothenic Acid)	12 mg	120%			
Calcium (as calcium carbonate)	20 mg	2%			
Iron (as Ferrous Fumarate)	1 mg	6%			
Magnesium (as magnesium oxide 58%)	50 mcg	12%			
Zinc (oxide)	10 mg	67%			

** Daily Value (DV) not established

Inactive Ingredients: Cellulose (Vegetable Capsule)

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Inactive Ingredients: Cellulose (Vegetable Capsule),
Rice Flour, Magnesium Stearate, Silicon Dioxide

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