

BIOTICS[®] RESEARCH CORPORATION



B₁₂/Folate Plus[™] Dietary Supplement

100 CAPSULES

RECOMMENDATION: One (1) capsule three (3) times each day as a dietary supplement or as otherwise directed by a healthcare professional.

Caution: Not recommended for pregnant or lactating women.

KEEP OUT OF REACH OF CHILDREN

Store in a cool, dry area.

Sealed with an imprinted safety seal for your protection.

NDC #55146-01175 Rev. 2/09

Supplement Facts

Serving Size: 1 Capsule

	Amount Per Serving	% Daily Value
Vitamin C (ascorbic acid)	30 mg	50%
Folic Acid	200 mcg	50%
Vitamin B ₁₂ (as resin bound cobalamin)	4 mcg	67%
Spanish Moss (<i>Tillandsia usneoides</i>) (whole plant)	250 mg	*
Superoxide Dismutase (from vegetable culture †)	15 mcg	*
Catalase (from vegetable culture †)	15 mcg	*

*Daily Value not established

Other ingredients: Capsule shell (gelatin, water, glycerin and titanium dioxide), and food glaze.

† Specially grown, biologically active vegetable culture containing naturally associated phytochemicals including polyphenolic compounds with SOD and catalase, dehydrated at low temperature to preserve associated enzyme factors.

