

SOURCE NATURALS®



DIETARY SUPPLEMENT

COENZYMATED™ B-6

**P-5'-P (PYRIDOXAL-5'-PHOSPHATE)
BRAIN, HEART, AND PMS SUPPORT***

333 MG • 60 TABLETS

Supplement Facts

Serving Size 1 Tablet

	Amount Per Serving	%DV
Vitamin B-6	200 mg	11,765%
(from 333 mg pyridoxal-5'-phosphate [Coenzymated™])		
Calcium	35 mg	3%

Other ingredients: dibasic calcium phosphate, silicified microcrystalline cellulose, stearic acid, silica, and magnesium stearate.

In order for vitamins to be utilized by the body, they must first be converted into their active coenzyme forms. This more potent Coenzymated B-6 is in its active form; ready to go to work immediately. Pyridoxal-5'-Phosphate (PLP or P-5'-P) is the main metabolically active coenzyme form of vitamin B-6. It is primarily in the liver that P-5'-P is synthesized from vitamin B-6, with the help of enzymes that require B-2, zinc, and magnesium for their activity. P-5'-P activates over 100 enzymes, many of which are involved in the conversion of amino acids into the neurotransmitters dopamine, norepinephrine, and serotonin. P-5'-P is also required for the synthesis of the hemoglobin molecule. It also plays an important role in regulating homocysteine levels.*

Directions: 1 tablet daily. Do not exceed suggested use.

NOTE: If you are pregnant, may become pregnant, or breastfeeding, consult your health care professional before using this product.

Do not use if either tamper-evident seal is broken or missing. Keep out of the reach of children.

Suitable for vegetarians. Contains no yeast, dairy, egg, gluten, corn, soy or wheat. Contains no sugar, starch, salt, preservatives, or artificial color, flavor or fragrance.

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

Manufactured for:
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