

SUGGESTED USE: As a dietary supplement for adults, take one (1) softgel daily, preferably at mealtime, or as directed by a healthcare practitioner.

Solgar's Omega-3 "700" Coenzyme Q-10 Policosanol Softgels are free of yeast, wheat, and dairy products and are formulated without the use of artificial preservatives, flavors or colors.

To assure freshness and potency, store at room temperature 59°-86°F (15°-30°C). Store away from heat, light and moisture.

If you are pregnant, nursing, taking any medication or have a medical condition, please consult your healthcare practitioner before taking any dietary supplement.

Keep out of reach of children.

DO NOT USE IF OUTER BOTTLE SEAL IS MISSING, TORN OR DAMAGED IN ANY WAY.

For more information, call toll-free
1-877-SOLGAR 4

www.solgar.com



Since **SOLGAR** *1947*

OMEGA-3 "700"

CoQ-10

(COENZYME Q-10)

POLICOSANOL

DIETARY SUPPLEMENT
100 SOFTGELS
SUGAR, SALT AND STARCH FREE

CAREFULLY MANUFACTURED FOR:
SOLGAR VITAMIN AND HERB, LEONIA, N.J. 07605 U.S.A.

Supplement Facts

Serving Size 1 Softgel

Amount Per Serving	%DV	Amount Per Serving	%DV
Calories	15	Coenzyme Q-10	30 mg **
Calories from fat	10	Policosanol	5 mg **
Total Fat	1 g 2%*	Typical Profile:	
Saturated Fat	0 g 0%*	Octacosanol	2.5 -3 mg **
Polyunsaturated Fat	1 g **	Triacosanol	0.75 -1.5 mg **
Monounsaturated Fat	0 g **	Hexacosanol	0.25 -1 mg **
Cholesterol	5 mg 2%*		
Omega-3 Polyunsaturates	700 mg **		
EPA (eicosapentaenoic acid)	400 mg **		
DHA (docosahexaenoic acid)	300 mg **		

* Percent Daily Values (DV) are based on a 2,000 calorie diet.

**Daily Value (DV) not established.

Other Ingredients: Gelatin, Vegetable Glycerin, Soy Lecithin, Beeswax, Rice Bran Oil, Natural Mixed Tocopherols, Caramel. Contains soy and various fish species.

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