

Solgar's L-Lysine Tablets are free of corn, yeast, wheat, soy, gluten and dairy products and are formulated without the use of artificial preservatives, flavors or colors.

To assure freshness and potency, store at room temperature 59°-86°F (15°-30°C). Store away from heat, light and moisture.

L-Lysine is an essential amino acid.
Solgar's KOF-K certification #K-1250

DO NOT USE IF OUTER BOTTLE SEAL IS MISSING, TORN OR DAMAGED IN ANY WAY.

For more information, call toll-free
1-877-SOLGAR 4
www.solgar.com



L-LYSINE
1000 mg
(FREE FORM)

DIETARY SUPPLEMENT

250 TABLETS
SUITABLE FOR VEGETARIANS
SUGAR AND STARCH FREE



Supplement Facts		
Serving Size 1 Tablet		
Amount Per Serving		%DV
Sodium †	5 mg	<1%
L-Lysine (as L-lysine HCl)	1 g (1000 mg)	*
*Daily Value (DV) not established.		

Other Ingredients: Microcrystalline Cellulose, Vegetable Cellulose, Vegetable Stearic Acid, Silica, Vegetable Glycerin.

SUGGESTED USE: As a dietary supplement for adults, take one (1) tablet daily with juice or water, between meals, or as directed by a healthcare practitioner.

If you are pregnant, nursing, taking any medication or have a medical condition, please consult your healthcare practitioner before taking any dietary supplement.

Keep out of reach of children.

Long chains of molecularly bonded individual amino acids form protein. The body must first break these molecular (peptide) bonds for amino acid absorption to take place. Solgar's free form amino acids are already in their simplest form (no peptide bonds) and can be readily absorbed into the bloodstream.

† Naturally occurring; therefore amount may vary.

