

SUPPLEMENT FACTS

Serving Size: 1 ml
Servings per container: about 59

AMOUNT PER SERVING		DV%†
Calories	2	**
Total Fat	0	**
Sodium	0	**
Total Carbohydrates	0.5 g	**
Total Sugars	0 g	**
Added Sugars	0 g	**
Vitamin B-6 (as Pyridoxal 5 phosphate)	5 mg	294%
Inositol	50 mg	**
L-theanine (from green tea extract)	25 mg	**
Montmorency Cherry fruit concentrate (whole cherry)	5 mg	**
Melatonin	3 mg	**

OTHER INGREDIENTS: Vegetable Glycerin (USP), Reverse Osmosis Purified water, Citric acid, Xanthan gum, Natural Flavors, Organic Rebaudioside A extract, Citrus extract.

*These statements have not been evaluated by the FDA. This product is a dietary supplement and is not intended to diagnose, treat, cure, or prevent any disease.

**Daily Value not established
†Based on a 2000 calorie diet

QUESTIONS?

Liquid Health™ Inc., 783 Cimarron Ct., Mesquite, NV 89027
(800) 995-6607 | www.liquidhealthinc.com

Melatonin is a hormone that is naturally produced by the body that is involved in the sleep cycle.

Liquid Health
-Naturals-

NEW & IMPROVED FORMULA

SLEEP WELL

- Promotes a restful nights sleep
- For occasional sleeplessness or jet lag
- Supports a relaxed, calm feeling
- All natural/no artificial preservatives

DIETARY SUPPLEMENT

59 ml

DIRECTIONS

Shake well. Dispense from dropper directly into mouth or cold beverage.

RECOMMENDED USE

1-2 ml at bedtime, 1/2 ml may be sufficient for some people.

Contains NO Artificial Preservatives, Sugar, Starch, Salt, Wheat, Gluten, Yeast, Milk, or Soy Derivatives

WARNINGS:

USE ONLY AT BEDTIME.

If you are under medical supervision, or have an autoimmune disease, diabetes, a depressive disorder, a thyroid condition, epilepsy, leukemia, or a lympho-proliferative disorder, or are taking MAO inhibitor drugs or corticosteroids such as cortisone or prednisone, consult your physician before taking this product. Do not take this product when driving a motor vehicle or operating machinery.

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