

SUPPLEMENT FACTS

Serving Size: 1 ml

Servings per container: ~59

AMOUNT PER SERVING		DV%†
Calories	5	<1%
Total Carbohydrate	0 g	0%
Sugars	0 g	0%
Vitamin B-12 (as methylcobalamin)	2500mcg	104,167%

†Daily Value % based on a 2000 calorie diet

These statements have not been evaluated by the FDA.
This product is a dietary supplement and is not intended to
diagnose, treat, cure, or prevent any disease.

Liquid Health™, Inc., Mesquite, NV 89027
(800) 995-8607 www.liquidhealthinc.com

OTHER INGREDIENTS

Vegetable Glycerin (USP), Reverse Osmosis Purified
water, Citric acid, Xanthan gum, Natural Flavoring,
Organic Rebaudioside A extract, Citrus extract.

Liquid Health
-Naturals-

VITAMIN B-12

METHYLCOBALAMIN

Dietary Supplement

- Pure Methyl B-12
- Promotes Energy
- All Natural/No artificial Preservatives

59 ml



DIRECTIONS

Shake well. Dispense from dropper directly into mouth or
cold beverage.

DOSAGE GUIDELINES: Adults 1 ml • Children 1/2 ml
or as directed by a health professional.

Contains **NO Sugar, Starch, Salt, Wheat,
Gluten, Yeast, Milk, or Soy Derivatives**

Warnings: Pregnant or lactating women, diabetics,
hypoglycemics, and people with
known medical conditions
and/or taking drugs
should consult with a
licensed physician
and/or pharmacist
prior to taking
dietary
supplements. Do
not exceed
recommended
dose without
proper blood
monitoring.

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