



MEGA ENERGY B-COMPLEX

STIMULANT FREE **ENERGY**

- **Active B-Vitamins**
- **L-Carnosine**
- **Aloe Vera Juice Base**
- **Electrolyte Support**

VEGAN

GLUTEN FREE

SUGAR FREE

SOY FREE

SUPERIOR
ABSORPTION

TANGERINE
ORANGE FLAVOR

STRESS

ENERGY



DIETARY SUPPLEMENT

32 fl.oz. | 946 ml.

SUPPLEMENT FACTS

Serving Size: 2 tbsp (2 tablespoons = 1 fl. oz.)
Servings Per Container: 32

	Amount Per Serving	% Daily Value †
Calories	4	
Total Carbohydrates	1	
Total Sugars	0 g	
Includes 0g Added Sugars		
Thiamine (as Thiamin Hcl) (B-1)	20 mg	1667%
Riboflavin (as Riboflavin USP, Riboflavin 5 phosphate) (B-2)	40 mg	3077%
Niacin (as Niacinimide, Inositol hexanicotinate USP) (B-3)	40 mg	250%
Pyridoxine (as Pyridoxine HCL, Pyridoxal 5 phosphate) (B-6)	50 mg	2941%
Folate	1253 mcg DFE (750 mcg folic acid)	313%
Methylcobalamin (B-12)	200 mcg	8333%
Biotin	300 mcg	1000%
Pantothenic Acid (as D-Calcium pantothenate) (B-5)	100 mg	2000%
Choline (as Choline bitartrate)	25 mg	5%
Potassium (Citrate)	90 mg	2%
L-carnosine	50 mg	**
Organic Coconut water (source of natural electrolytes)	4700 mg	**
Eleuthero (Eleutherococcus senticosus) 0.8% total Eleutherosides	10 mg	**

†Daily Value based on a 2000 calorie diet

**Daily Value not established

Other Ingredients: Reverse Osmosis Water, 100% Pure Aloe Vera Juice, Xanthan Gum, Citric Acid, Natural Flavoring, Stevia (Stevia rebaudiana), Potassium Sorbate (to preserve freshness), Potassium Benzoate (to preserve freshness.)

Allergen Warning: Contains Tree nuts (Coconut)

*These statements have not been evaluated by the FDA. This product is a dietary supplement and is not intended to diagnose, treat, cure or prevent any disease.

LIQUID HEALTH™, INC.

All products made in the USA

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Recommended Use: 2 tbsp daily



Directions: Shake well. Refrigerate after opening. Should be taken with food. May be mixed with juice for best taste. Settling is normal. Protect from heat, light, & moisture. As with any natural product, color and taste may vary. May take up to 4 tbsp daily

The #1 health complaint in America is lack of energy. Liquid Health Mega B-Complex provides a mega dose of B-vitamins in a base of aloe vera juice with organic electrolyte support. B-vitamins are essential for virtually every functioning system in the body. Whether taken for athletic purposes, stress reduction, energy, cardiovascular support, nervous system support, mental acuity, or overall health, Liquid Health Mega B-Complex provides a great tasting, convenient form of B-vitamins

- Now with **Active B-vitamins** for superior bioavailability
- Natural, sustained energy **without** stimulants
- **L-Carnosine** for added cardiovascular, mental, and aging support



Contains NO Artificial Colors, Flavors, or Sweeteners; Gluten, Milk, Salt, Soy, Starch, Wheat, or Yeast



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