

- GMP Manufacturing • Quality Assured • Independent Testing
- Do Not Use if Safety Seal is Broken
- Store Tightly Sealed in a Cool, Dry Place

Discussion: Estro Freedom is a multi-nutrient combination. It includes cutting edge ingredients such as D-glucarate, DIM, SGS from broccoli, choline, and hops extract. Promotes healthy levels of estrogen.*

Directions: Take 2 capsules daily with breakfast, or as directed by a qualified health care practitioner.

Warning: Do not take if pregnant or breastfeeding. Consult a health care practitioner if you are attempting to conceive, taking hormone replacement therapy, birth control pills or other medications. Consumption of hops with alcohol, other medications, and/or natural health products with sedative properties is not recommended. Some people may experience drowsiness. Exercise caution if operating heavy machinery, driving a motor vehicle, or are involved in activities requiring mental alertness. Discontinue use if you experience joint pain or hot flashes. Discontinue use and consult a health care practitioner if you experience irregular menstruation. May temporarily alter urine color, consult a health care practitioner if urine does not normalize upon discontinued use. Keep out of reach of children.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Item# AOR08297 NV01.00



AORTM
Advanced Orthomolecular Research

Estro Freedom

Supports Estrogen Metabolism
and Liver Function*



**VEGETARIAN
CAPSULES**

ADVANCED

**DIETARY
SUPPLEMENT**



Vegan



Non-GMO



Gluten Free



MyBlueprintTM

Supplement Facts

Serving Size 2 Capsules
Servings Per Container: 30

	Per 2 Capsules	
	Amount per serving	%Daily Value
Choline (from choline bitartrate)	30 mg	5%
Broccoli (<i>Brassica Oleracea</i>) seed extract	300 mg	†
- Sulforaphane glucosinolate	30 mg	†
Calcium D-Glucarate	150 mg	†
LIFENOL [®] Hops extract ‡	120 mg	†
- 8- prenylnaringenin	0.14 mg	†
DIM (3,3'-diindolylmethane)	108 mg	†

† Daily Value not established.

Other Ingredients: microcrystalline cellulose, capsule (hypromellose and purified water) and silicon dioxide.

AORTM guarantees that all ingredients have been declared on the label. Made without wheat, gluten, nuts, peanuts, sesame seeds, sulfites, mustard, soy, dairy, eggs, fish, shellfish or any animal byproduct.

* Produced under patent US2006/010032 licensed from Caudill Seed Inc.

‡ LIFENOL[®] is a registered trademark of Naturex, Inc.

Note: Herbal extracts will naturally vary in color from one batch to another.

Manufactured by AORTM Inc. 30 Industrial West, Clifton, NJ, 07012 • Product of Canada
To report a serious adverse event or obtain product information, call
1-866-215-0450