

Gains in muscle mass only occur when you reduce protein breakdown and stimulate protein synthesis. New **Myo-D™** contains the highest known concentration of eicosapentaenoic acid (EPA); the only compound shown in clinical research to directly block the major biochemical pathway that leads to muscle breakdown.¹ **Myo-D's™** unique substrate hybrid contains a precision amino acid matrix shown in research to stimulate protein synthesis within muscle.²

Myo-D™ helps to promote rapid gains in lean muscle during resistance training by directly reducing protein breakdown while stimulating an increase in the rate of protein synthesis and fat oxidation.³ **Myo-D™** could be the most powerful, all natural bodybuilding supplement available.[†]

¹ Nutrition 2001;17:751-755. ² British Journal of Cancer 91: 408-412, 2004. ³ JEPonline. 7(1):48-56, 2004.

† These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

AST Sports Science
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Rev# MYOD413



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OMEGA-3 EPA-AMINO HYBRID

BIOACTIVE

MYO-D™

5:1 EPA-DHA ETHYL ESTER

4000mg

Per
Serving

30

Total
Servings

5:1

EPA/DHA
Ratio

ENGINEERED
LIPID-AMINO
ISOLATION
TECHNOLOGY

Dietary Supplement
120 Softgels Net wt: 1000 mg

Supplement Facts

Serving Size: 4 Softgels
Servings Per Container: 30

Amount Per Serving	AMOUNT	CALORIES	%DV
Total Calories	26		
Total Fat	2 Grams	18	3%*
Saturated Fat	0 Grams	0	<1%*
Trans Fat	0 Grams	0	**
Unsaturated Fat	1.8 Grams	16	**
Monounsaturated Fat	0 Grams	0	**
Polyunsaturated Fat	1.5 Grams	14	**
Cholesterol	0 mg	0	0%*
Total Carbohydrate	1 Gram	4	<1%*
Protein	1.2 Grams	4	2%*
Fish Oil Concentrate	2000 mg		**
Omega-3 fatty acid	1250 mg		**
Eicosapentaenoic Acid	1050 mg		**
Docosahexaenoic Acid	200 mg		**
Arginine	500 mg		**
Leucine	1000 mg		**
Methionine	500 mg		**

*Percent Daily Value are based on a 2,000 calorie diet.

**Daily Value not established.

Myo-D™ Ingredients: High Ratio 5:1 EPA/DHA Fish Oil Ethyl Ester Concentrate, Gelatin, Leucine, Glycerin, Arginine, Methionine Powder, Safflower Oil, Purified Water, Yellow Beeswax, Carmine Dispersion, Lecithin, Titanium Dioxide.

Contains: Fish and Soybean

Recommended Use: Take 2 softgels twice daily with meals.