



SWANSON
PREMIUM BRAND
bringing wellness to the world since 1969

Vitamin A

Vitamin Supplement

250 softgels • 10,000 IU



• DO NOT USE IF SEAL IS BROKEN. • KEEP OUT OF REACH OF CHILDREN.
• STORE IN A COOL, DRY PLACE. DO NOT REFRIGERATE.

SUGGESTED USE:

As a dietary supplement, take one softgel per day with water.

WARNING: Women who are pregnant or likely to become pregnant should not use this product.

Supplement Facts

Serving Size 1 Softgel

	Amount Per Serving	% Daily Value
Vitamin A USP (from cod-liver oil and vitamin A palmitate)	10,000 IU	200%

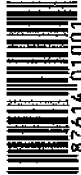
Other ingredients: Soybean oil, gelatin, glycerin, purified water.

DISTRIBUTED BY SWANSON HEALTH PRODUCTS

PO Box 2803 • Fargo, ND 58108 USA

TO REORDER, CALL TOLL FREE 1-800-437-4148

or visit our website at www.swansonvitamins.com



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