

GABA™ is an amino acid classified as a neurotransmitter. Studies have shown GABA™ to play a key role in the secretion of Growth Hormone. The principle anabolic actions of Growth Hormone include the stimulation of amino acid transport, stimulation of protein synthesis, reduction of body-fat and the proliferation of cell growth.

AST Sports Science selectively imports GABA™ under rigid quality control conditions. Each batch is HPLC Certified and Laboratory Tested for purity and potency. †

†These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

AST Sports Science

120 Capital Drive, Golden, CO 80401
1-800-627-2788 • www.ast-ss.com
Rev# GABA0113



AST SPORTS SCIENCE

MUSCLE • STRENGTH • RECOVERY

GABA™

AST
SPORTS SCIENCE

3g
Per
Serving

33
Total
Servings

**Fast
Acting**

**GROWTH
HORMONE
POTENTIATOR**

Dietary Supplement
Net wt: 100 g (3.53 oz)

Supplement Facts

Serving Size: **3 Scoops**
Servings Per Container: **33**

Amount per Serving:	%DV
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Gamma Aminobutyric Acid	3 grams	*
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*Daily value not established.

Recommended Use: For adults only. As a dietary supplement, take three to five grams mixed with 8 ounces of water, juice or protein shake approximately 30 minutes before sleep.

GABA™ is a naturally occurring amino acid classified as a neurotransmitter. Some individuals may experience a minor tingling of the skin and/or slight shortness of breath shortly after taking **GABA™**. This is characteristic of this amino acid and quickly subsides.

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EXCLUSIVE AST
offers

