

1313-100A
Rev. 1



CERTIFIED

MASON  **natural**[®]
EST. 1967

WHOLE HERB
FLAX SEED OIL

1,000 MG

OMEGA 3-6-9

MAY SUPPORT

A HEALTHY HEART*

100 SOFTGELS • DIETARY SUPPLEMENT

DIRECTIONS: Adults - Take one softgel, two to three times daily, preferably with food, as a dietary supplement.

Supplement Facts

Serving Size 1 Softgel

	Amount Per Serving	% Daily Value
Calories	10	
Total Fat	1 g	2%*
Polyunsaturated Fat	1.5 g	**
Organic Flaxseed Oil	1000 mg	**
which typically contains:		
Alpha-Linolenic Acid (Omega-3)	450 mg	**
Linoleic Acid (Omega-6)	110 mg	**
Oleic Acid (Omega-9)	110 mg	**
Other Fatty Acids	50 mg	**

* Percent Daily Values are based on a 2,000 calorie diet.

**Daily Value not established.

*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION.
THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

OTHER INGREDIENTS: Gelatin (bovine), glycerin, purified water, and caramel color. Contains naturally harvested herbal products. Color variation is possible.

GUARANTEED NO ADDED: Yeast, Wheat, Milk or Milk Derivatives, Lactose, Sugar, Preservatives, Soy, Artificial Flavor and Sodium.

WARNING: If you are pregnant, nursing, taking any medications or planning any medical procedure, consult your physician before use. Discontinue use and consult your physician if any adverse reactions occur. Keep out of reach of children.

TAMPER-EVIDENT SEAL: Do not use product if seal appears tampered.



SOY FREE

Essential Fatty Acids from an Organic Vegetable Source.

Store in a dry place under controlled room temperature: 20°- 25°C (68°-77°F).

Manufactured in the USA for:

MASON VITAMINS, INC. Miami Lakes, FL 33014
1-888-860-5376 • www.MasonVitamins.com

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LOT/EXP. DATE