

1495-180

Rev. 3

★★★★★
CERTIFIED

MASON natural[®]

EST. 1967

NO BURP

FISH OIL

1000 MG | 300 MG
OMEGA-3

MAY SUPPORT

A HEALTHY HEART*

180 SOFTGELS • DIETARY SUPPLEMENT

DIRECTIONS: Adults - Take one enteric coated softgel three times daily, preferably with food, as a dietary supplement.

Supplement Facts

Serving Size 1 Softgel

	Amount Per Serving	% Daily Value
Calories	10	
Total Fat	1g	2%†
Cholesterol	5 mg	2%†
Vitamin E (as Mixed Tocopherols)	1 IU	3%
Fish Oil	1000 mg	**
EPA (Eicosapentaenoic Acid)		**
DHA (Docosahexaenoic Acid)		**
Total Omega-3 Fatty Acids	300 mg	

†Percent Daily Values are based on a 2,000 calorie diet.

** Daily Value not established.

OTHER INGREDIENTS: Gelatin, purified water, glycerin, sodium alginate, stearic acid, HPMC (hydroxypropyl methyl cellulose), and vanilla.

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

ALLERGEN CERTIFICATION - This product contains fish (anchovy, mackerel, sardine) ingredients.

GUARANTEED NO ADDED: Yeast, Wheat, Milk or Milk Derivatives, Lactose, Sugar, Artificial Color and Sodium.

Supportive but not conclusive research shows that consumption of EPA and DHA omega-3 fatty acids may reduce the risk of coronary heart disease.* One serving of Fish Oil 1000 mg provides 300 mg of EPA and DHA omega-3 fatty acids.

WARNING: If you are pregnant, nursing, taking any medications or planning any medical procedure, consult your physician before use. Discontinue use and consult your physician if any adverse reactions occur. Keep out of reach of children.

TAMPER-EVIDENT SEAL: Do not use product if seal appears tampered.

Store in a dry place under controlled room temperature: 20° - 25°C (68° - 77°F).

**SUSTAINABLY SOURCED
PURIFIED TO ELIMINATE MERCURY**

Manufactured in the USA for:
MASON VITAMINS, INC. Miami Lakes, FL 33014
1-888-860-5376 • www.MasonVitamins.com

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LOT/EXP. DATE