

Solgar's Cold Pressed Pure and Unrefined Flaxseed Oil is made with organic flaxseed oil and is free of sugar, salt, corn, yeast, wheat, soy, gluten and dairy products and is formulated without the use of artificial preservatives, flavors or colors.

Solgar's Flaxseed Oil provides one of the most concentrated vegan plant sources of Omega-3 Fatty Acids found in nature. Our formula also provides Oleic Acid, an Omega-9 fatty acid. Fatty Acids play a role in providing an energy source for the body and support heart, skin, and nerve health*. Through a unique cold processing method, the flaxseeds are pressed at very cold temperatures and are processed without solvents. Our oil is filled under a nitrogen blanket to safeguard it from oxygen exposure. It is packaged in a climate-controlled atmosphere under yellow lights to ensure the highest level of freshness and potency. Solgar's signature amber glass bottle minimizes light exposure to maintain freshness, efficacy and potency.

***This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

To assure freshness and potency, store at room temperature 59°-86°F (15°-30°C). Store away from heat, light and moisture. Refrigerate after opening.

DO NOT USE IF NECK SEAL IS MISSING, TORN OR DAMAGED IN ANY WAY.

Carefully Manufactured By:
Solgar, Inc., 500 Willow Tree Road
Leonia, N.J. 07605 U.S.A.

For more information, call toll-free 1-877-SOLGAR 4
www.solgar.com

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EARTH SOURCE®

MADE WITH ORGANIC

FLAXSEED OIL

OMEGA-3, 6, & 9

Cold Pressed

Pure and Unrefined

DIETARY SUPPLEMENT

8 FL. OZ. (237 ML)

SUITABLE FOR VEGANS



Supplement Facts

Serving Size 1 Tablespoon (15 ml)
Servings Per Container About 16

Amount Per Serving		%DV
Calories	120	
Calories from Fat	120	
Total Fat	14 g	21%**
Saturated Fat	1.5 g	7%**
Polyunsaturated Fat	10 g	***
Monounsaturated Fat	3 g	***
Flaxseed Oil	13,950 mg (13.95 g)	***
which typically contains:		
Alpha-Linolenic Acid (Omega-3)	6,975 mg	***
Linoleic Acid (Omega-6)	1,667 mg	***
Oleic Acid (Omega-9)	1,953 mg	***
Other Fatty Acids	1,004 mg	***

** Percent Daily Values (DV) are based on a 2,000 calorie diet.

***Daily Value (DV) not established.

Ingredient: Cold Pressed Unrefined Organic Flaxseed Oil.

SUGGESTED USE: As a dietary supplement for adults, take 1 tablespoon (15 ml) daily, preferably at mealtime, or as directed by a healthcare practitioner.

If you are pregnant, nursing, taking any medication or have a medical condition, please consult your healthcare practitioner before taking any dietary supplement.

Keep out of reach of children.

