

- GMP Manufacturing • Quality Assured • Independent Testing
- Do Not Use if Safety Seal is Broken
- Store Tightly Sealed in a Cool, Dry Place

**Discussion:** Advanced Muscle Ease has magnesium, L-carnitine and herbal extracts that promote muscle function.\*

**Directions:** To help support normal muscle function, take 3 capsules one to three times daily. For occasional menstrual discomfort, take 3 capsules two to three times daily, 2 days prior to menstruation until 3 days afterward. Take with food and/or as directed by a qualified health care practitioner.

**Warning:** Consult your physician before use if you're pregnant, lactating, have a medical condition, or if you're taking any medication. Keep out of reach of children.

**Caution:** Consult a health care practitioner prior to use if you're taking anti-platelet medication or blood thinners, if you have gallstones, a bile duct obstruction, stomach ulcers, excess stomach acid, liver or kidney disease, or a seizure disorder. May cause drowsiness, so exercise caution if operating heavy machinery, driving a motor vehicle or involved in activities requiring mental alertness.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Item# AOR08332 NV01.00



## Advanced Muscle Ease

with  longvida<sup>®</sup>  
optimized curcumin

Supports Muscle Health\*

**60** VEGETARIAN  
CAPSULES

**ADVANCED**

DIETARY  
SUPPLEMENT

 Vegan

 Non-GMO

 Gluten Free

 Absorbable

## Supplement Facts

Serving Size 3 Capsules  
Servings Per Container: 20

|                                                             | Per 3 Capsules |     | Per Day (6 Capsules) |     |
|-------------------------------------------------------------|----------------|-----|----------------------|-----|
| Amount per serving                                          | % DV           |     | % DV                 |     |
| Magnesium (from magnesium bisglycinate)                     | 100 mg         | 24% | 200 mg               | 48% |
| L-Carnitine (tartrate)                                      | 680 mg         | †   | 1360 mg              | †   |
| Ginger ( <i>Zingiber officinale</i> ) extract               | 100 mg         | †   | 200 mg               | †   |
| Longvida <sup>®</sup> Curcumin ( <i>Curcuma longa</i> root) | 40 mg          | †   | 80 mg                | †   |
| California Poppy ( <i>Eschscholzia californica</i> )        | 20 mg          | †   | 40 mg                | †   |

† Daily Value not established.

**Other Ingredients:** microcrystalline cellulose, gum arabic, capsule (hypromellose and purified water), stearic acid, maltodextrin, soy lecithin, ascorbyl palmitate (preservative), and silicon dioxide.

**Contains:** soy.

AOR<sup>™</sup> guarantees that all ingredients have been declared on the label. Made without wheat, gluten, peanuts, sulfites, dairy, eggs or any animal byproduct.

**Note:** Herbal extracts will naturally vary in color from one batch to another.

Manufactured by AOR<sup>™</sup> Inc.

30 Industrial West, Clifton, NJ, 07012 • Product of Canada

To report a serious adverse event or obtain product information, call 1-866-215-0450