

- GMP Manufacturing • Quality Assured • Independent Testing
- Do Not Use if Safety Seal is Broken
- Store Tightly Sealed in a Cool, Dry Place

Discussion: Advanced B Complex™ Ultra provides the best forms of B vitamins in a time-released formula, for optimal results.*

Directions: Take 1 tablet 1-2 times daily with food, or as directed by a qualified health care practitioner.

Caution: Consult your physician if you're pregnant or lactating or if you have a medical condition, or if you're taking any medication. Keep out of reach of children.

Warning: People sensitive to nicotinic acid may experience flushing of the skin that is generally mild and transient.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Item# AOR08001 NV01.00



AOR™
Advanced Orthomolecular Research

Advanced B Complex™ Ultra

The Most Advanced B Complex Available*



**TIME RELEASE
TABLETS**

ULTRA



Vegan



Non-GMO



Gluten Free



MyBlueprint



Absorbable

**DIETARY
SUPPLEMENT**

Supplement Facts

Serving Size 1 Tablet

Servings Per Container: 60

	Per Tablet		Per Day (2 Tablets)	
Amount per serving		% DV		% DV
Thiamin (Vitamin B1 as Benfotiamine, Sulfbutiamine)	50 mg	4,167%	100 mg	8,333%
Riboflavin (Vitamin B2 as Riboflavin-5-phosphate sodium)	5 mg	385%	10 mg	769%
Niacin (Vitamin B3)	15 mg	94%	30 mg	188%
Vitamin B6 (as Pyridoxal-5'-phosphate)	25 mg	1,471%	50 mg	2,941%
Folate (as calcium L-5-MTHF)	835 mcg DFE* (500 mcg of folic acid)	208%	1,665 mcg DFE* (1,000 mcg folic acid)	417%
Vitamin B12 (as Methylcobalamin, Hydroxocobalamin, Cobamamide)	500 mcg	20,833%	1,000 mcg	41,667%
Biotin	250 mcg	833%	500 mcg	1,667%
Pantothenic acid (Vitamin B5 as calcium D-pantothenate, Pantethine)	150 mg	3,000%	300 mg	6,000%
Choline (as choline bitartrate)	120 mg	22%	250 mg	45%
myo-Inositol	154 mg	†	308 mg	†
Pyrroloquinoline Quinone (disodium salt)	1.25 mg	†	2.5 mg	†

† Daily Value not established.

*Dietary Folate Equivalent

Other Ingredients: microcrystalline cellulose, hypromellose, xanthan gum, gum arabic, glycerin, silicon dioxide, dicalcium phosphate and sodium stearyl fumarate.

AOR™ guarantees that all ingredients have been declared on the label. Made without wheat, gluten, corn, nuts, peanuts, sesame seeds, sulfites, mustard, soy, dairy, eggs, fish, shellfish or any animal byproduct.

Manufactured by AOR™ Inc. 30 Industrial West, Clifton, NJ, 07012 • Product of Canada
To report a serious adverse event or obtain product information, call 1-866-215-0450