

Marine Greens™ from Garden Greens™ is a dietary supplement that contains highly mineralized sea vegetables to help protect your health. Sea vegetables have been used by Asian cultures for centuries and are prized for their nutritional value.

The Marine Greens™ formula contains a Japanese seaweed blend of kombu, nori, and wakame mixed with kelp, dulse and spirulina. These sea vegetables are classified as algae and are dense with minerals. Kelp, for example, contains naturally occurring iodine, folate, magnesium, iron, and calcium. These minerals may be absorbed better by your body because they are suspended in their natural state to help ensure maximum potency.

The Marine Greens™ formula provides you with a nutritious blend of sea vegetables all in one convenient capsule. Start fortifying your diet today.

Garden Greens™ Marine Greens™... your gold standard for food supplements.

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Distributed by: Garden Greens™,  
21 Dwight Place, Fairfield, NJ 07004



Dietary Supplement

90 Capsules

## Supplement Facts

Serving Size: 1 capsule

|                                                                                                                                                                                             | Amount Per Serving |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------|
| <b>Proprietary Blend:</b>                                                                                                                                                                   | <b>500mg*</b>      |
| Aquamin™ mineralized seaweed, Atlantic kelp,<br>Phenolgin™ Canary Island algae extract,<br>Japanese seaweed blend (kombu, nori, wakame),<br>Dulse, Spirulina Blue-Green Algae, Bladderwrack |                    |

\* Daily value not established.

Other ingredients: cellulose, magnesium stearate and silica.

Phenolgin™ is a trademark of Pharmline, Inc.

Aquamin™ is a trademark of Marigot Ltd.

- Keep out of reach of children.
- Store at 15-30°C (59-86°F).
- Protect from heat, light and moisture.
- Do not ingest if seal is broken.

### DIRECTIONS:

TAKE 3 CAPSULES DAILY AS A DIETARY  
SUPPLEMENT OR AS DIRECTED BY A  
HEALTHCARE PROFESSIONAL.

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