COMPLETE E COMPLEX
WITH TOCOTRIENOLS
400 MG • 60 SOFTGELS

Supplement Facts Serving Size 1 Softgel

 Amount Per Serving
 %DV

 Vitamin E (o-alpha -Tocopherol)
 190 IU
 633%

 Tocopherol Blend
 667 mg
 †

 Yielding:
 yelding:
 400 mg
 †

 delta- and beta-Tocopherol
 130 mg
 †

 Sesame Seed Oil
 30 mg
 †

 Tocotrienol Complex (EVNoI™)
 5 mg
 †

Other ingredients: gelatin, glycerin, and purified water.

Contains soy.

†Daily Value not established.

Suggested Use: 1 softgel 1 to 2 times daily with meals. NOTE: If you are pregnant, may become pregnant, or breastfeeding, consult your health care professional before using this product.

Do not use if either tamper-evident seal is broken or missing. Keep out of the reach of children.

Recent research has demonstrated that gamma-tocopherol. the main dietary source of vitamin E, has a very important role in supporting health. gamma-Tocopherol is a more effective antioxidant than alpha-tocopherol and may be an important factor for a healthy cardiovascular system. It also inhibits the COX-2 enzyme, according to in vitro tests. Research indicates that a ratio of gamma- to alpha-tocopherol greater than 1:1 increases levels of both tocopherols in the body and that alpha-tocopherol alone may not be adequate to combat oxidative stress. Source Naturals GAMMA E 400 offers a 3:1 gamma- to alpha-tocopherol ratio (190 IU equals 126 mg) and also contains tocotrienols from palm fruit which provides high concentrations of all four tocotrienols: alpha, beta, gamma, and delta. Sesame seed oil, rich in gamma-tocopherol, is used as the base.*

no sugar, starch, salt, preservatives, or artificial color, flavor or fragrance.

EVNol™ is a trademark of ExcelVite Inc.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Contains no yeast, dairy, egg, gluten or wheat. Contains

SN1698 REV B182

