SOURCE NATURALS®



Supplement Facts

Serving Size i Suriger		
Amount Per Serving %DV		
Vitamin E (p- <i>alpha</i> -Tocopherol)	190 IU	633%
Tocopherol Blend	667 mg	†
Yielding:		
gamma-Tocopherol	400 mg	†
delta- and beta-Tocopherol	130 mg	t
Sesame Seed Oil	30 mg	t
Tocotrienol Complex (EVNol™)	5 mg	t
†Daily Value not established.		

Other ingredients: gelatin, glycerin, and purified water.

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Contains soy.

Suggested Use: 1 softgel 1 to 2 times daily with meals.

NOTE: If you are pregnant, may become pregnant, or breastfeeding, consult your health care professional before using this product. Contains no yeast, dairy, egg, gluten or wheat. Contains no sugar, starch, salt, preservatives, or artificial color, flavor or fragrance.

Do not use if either tamper-evident seal is broken or missing. Keep out of the reach of children. Recent research has demonstrated that gamma-tocopherol is a more effective antioxidant than alpha-tocopherol and may be an important factor for a healthy cardiovascular system. Research indicates that a ratio of gamma- to alpha-tocopherol greater than 1:1 increases levels of both tocopherols in the body and that alpha-tocopherol alone may not be adequate to combat oxidative stress. Source Naturas GAMMM E 400 ofters a 3:1 gamma- to alpha-tocopherol ratio (190 III equals 126 mg) and also contains tocotrienols from pain fruit, which provides high concentrations of all four tocotrienols: alpha, beta, gamma, and delta. Sesame seed oil, rich in anama-tocopherol. Is used as the hase?

EVNol™ is a trademark of ExcelVite Inc.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Manufactured for: © SOURCE NATURALS, INC. P.O. BOX 2118, SANTA CRUZ, CA 95062

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