

Molecularly Distilled | Guaranteed Purity

NORDIC NATURALS®



Complete Omega-D3™ combines omega-3s EPA and DHA from fish oil with the unique omega-6 gamma-linolenic acid (GLA) from borage seed oil, plus 1000 IU (25 mcg) of added vitamin D3. This blend helps nourish skin, promotes a healthy mood, and supports joint, bone, and immune system health.\*

Wild caught. Pure. No fishy aftertaste. Friend of the Sea certified.

Every batch of Nordic Naturals fish oils is tested by a third-party certified lab for environmental toxins, including heavy metals. All fish oils are in the triglyceride form and surpass the strictest international standards for purity and freshness. Certificates of Analysis available upon request.

**Suggested Use:** Two soft gels daily, with food, or as directed by your health care professional or pharmacist.

Store in a cool, dry place, away from sunlight

Do not take if tamper-evident seal is broken or missing

Product protected by U.S. patent #s 6346231 & 6641837

Keep out of the reach of children

Nordic Naturals products are never sold under any store brand

**Warning:** Consult with your physician before using this product if you are allergic to iodine, or use blood thinners.

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Fish oil processed in Norway.  
Manufactured in the U.S. by:  
NORDIC NATURALS, Mfg.  
111 Jennings Drive  
Watsonville, CA 95076  
800.662.2544  
nordicnaturals.com

- ✓ Radiant Skin\*
- ✓ Positive Mood\*
- ✓ Healthy Immunity\*

Great lemon taste!



# COMPLETE™ OMEGA-D3

565 mg Omega-3 + 70 mg GLA + 1000 IU D3  
Fish oil, borage seed oil, and vitamin D3 for healthy skin, mood, and immune system function.\*



Superior Triglyceride Form

Dietary Supplement | 60 Soft Gels

## Supplement Facts

Serving Size: 2 Soft Gels

Servings per container: 30

Amount Per Serving	% Daily Value**	
Calories	20	
Total Fat	2 g	3%
Saturated Fat	0 g	0%
Trans Fat	0 g	†
Vitamin D3 (cholecalciferol)	25 mcg (1000 IU)	125%
Total Omega-3s	565 mg	†
EPA (Eicosapentaenoic Acid)	270 mg	†
DHA (Docosahexaenoic Acid)	180 mg	†
Other Omega-3s	115 mg	†
Omega-6s	240 mg	†
GLA (Gamma-Linolenic Acid)	70 mg	†
Omega-9s	225 mg	†
OA (Oleic Acid)	180 mg	†

Please recycle this container

Rev. G-01

\*\* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Less than 5 mg of Cholesterol per serving.

**Ingredients:** purified deep sea fish oil (from anchovies and sardines), soft gel capsule (gelatin, glycerin, water, natural lemon flavor), borage seed oil (*Borago officinalis*), natural lemon flavor, d-alpha tocopherol (antioxidant), vitamin D3 (olive oil, cholecalciferol), rosemary extract (a natural preservative).

No gluten, milk derivatives, or artificial colors or flavors.