

**SUGGESTED USE:** Adults, as a dietary supplement, take one (1) capsule daily with a meal.

**WARNING:** IF YOU ARE TAKING ANTICOAGULANTS SUCH AS WARFARIN (COUMADIN®), DO NOT USE.

KEEP OUT OF REACH OF CHILDREN.

DO NOT USE IF SAFETY SEAL IS BROKEN.

IF YOU ARE NURSING, PREGNANT, TAKING MEDICATION OR HAVE A MEDICAL CONDITION, CONSULT YOUR PHYSICIAN BEFORE TAKING THIS PRODUCT.

Dr. Mercola has been providing quality products since 2001.



# DR. MERCOLA®

## VITAMIN K<sub>2</sub>

**180 mcg MK-7 Per Capsule**

**Dietary Supplement**

**30 Capsules**

### Supplement Facts

Serving Size: 1 Capsule

Servings Per Container: 30

|                                                                                    | Amount Per Serving | %Daily Value |
|------------------------------------------------------------------------------------|--------------------|--------------|
| Vitamin K <sub>2</sub><br>(as Menaquinone-7<br>[MK-7, from Chickpea]) <sup>^</sup> | 180 mcg            | 150%         |

**OTHER INGREDIENTS:** Microcrystalline Cellulose, Glycerol Monostearate, Capsule (Hydroxypropyl Methylcellulose), Ascorbyl Palmitate, Rosemary Leaf Extract.

**DISTRIBUTED BY:** NHP, 125 SW 3rd Place  
Cape Coral, FL 33991 USA (877) 985-2696

<sup>^</sup>MenaQ7® is a registered trademark  
of NattoPharma®, Norway.



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