

CATCH BETTER ZZZ'S

Magnesium is an underrated mineral that can soothe muscle cramps, calm your mind and promote more restful sleep.* But some forms can upset your stomach. Ours is bonded to two amino acids and blended with MCT oil for optimum absorption.

Gentle yet effective!



SLEEP



BONES



MOOD

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any diseases.

NUTRI-RICH



SOFT MAGNESIUM 400 MG MAGNESIUM

BETTER SLEEP AND LESS ANXIETY
WITH GENTLE MAGNESIUM GLYCINATE*

Supplement Facts	Serving Size: 3 Softgels Servings Per Container: 30
Amount Per Serving	% Daily Value
Calories 25	
Calories from Fat 20	
Total Fat 2 g	3%
Saturated Fat 2 g	10%
Protein Less Than 1 g	2%
Magnesium (as chelated magnesium bisglycinate TRAACS buffered with magnesium oxide) 400 mg	95%
Percent Daily Value are based on a 2,000 calorie diet.	

OTHER INGREDIENTS: Medium chain triglycerides, gelatin, glycerin, yellow beeswax, water, sunflower lecithin, titanium dioxide.

Contains tree nuts (coconut).

DIRECTIONS: Take 3 softgels daily. Best when taken with a meal.

NOTE: If you are pregnant, nursing, taking any medications or have any medical conditions, consult your physician before use. Store in a cool, dry place, away from the reach of children.

TRAACS® is a registered trademark of Albion Laboratories, Inc.

NO
ADDED
SUGAR

CERTIFIED
GLUTEN FREE

SOY FREE

NO
ARTIFICIAL
ADDITIVES

MANUFACTURED
IN THE USA

DIETARY SUPPLEMENT



90 SOFTGELS
1 MONTH SUPPLY

MANUFACTURED WITH ♥ FOR
NUTRI-RICH®

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