

SOURCE NATURALS®

**Boosts
Metabolic
Activation***

**Supports Calming
Brain Chemistry***

DIETARY SUPPLEMENT

Diet-Metabo-7™

45 TABLETS

Supplement Facts

Serving Size 1 Tablet

	Amount Per Serving	%DV
Vitamin C (as ascorbic acid)	26 mg	29%
Niacinamide	10 mg	63%
Vitamin B-6 (as pyridoxine HCl)	10 mg	588%
Pantothenic Acid (as calcium-D-pantothenate)	33 mg	660%
Iodine (as potassium iodide)	33 mcg	22%
Chromium (as chromium polynicotinate [ChromeMate®] & picolinate)	133 mcg	380%
Potassium (as potassium citrate)	6 mg	<1%
Guarana Seed Extract Yielding 82 mg of caffeine	373 mg	†
Phenylalanine (as L- & DL-phenylalanine)	166 mg	†
GABA (<i>gamma</i> -aminobutyric acid)	133 mg	†
Gymnema Leaf Extract (25% gymnemic acid)	133 mg	†
Yerba Mate Leaf Extract Yielding 6 mg of caffeine	83 mg	†
Glutamine	66 mg	†
Acetyl L-Carnitine HCl	50 mg	†
L-Tyrosine	33 mg	†
Horse Chestnut Seed Extract Yielding 4 mg Aescin	23 mg	†
Dandelion Whole Plant/Root Extract	16 mg	†
Ginkgo Leaf Extract (24% flavone glycosides & 6% terpene lactones)	10 mg	†
Ginger Root	10 mg	†
N-Acetyl Cysteine	10 mg	†
Aloe Vera Leaf Concentrate	10 mg	†
Gentian Root Extract	10 mg	†
Guggul Extract (10% guggulsterones)	10 mg	†
Bupleurum Root Extract	5 mg	†

Green Tea Leaf Extract Yielding 2 mg of caffeine	4 mg	†
Black Pepper Fruit Extract (BioPerine®)	1 mg	†
†Daily Value not established.		

Other ingredients: stearic acid, modified cellulose gum, and silica.

Contains wheat.

Source Naturals **DIET-METABO-7™** supports seven major body systems involved in healthy and successful weight management, without the overstimulation associated with other diet products. It contains effective and naturally occurring metabolic activators and calming neurotransmitters for a balanced approach to weight management when used in conjunction with the enclosed Maximum Metabolism Weight Loss Plan™.*

Directions: 1 tablet three times daily before each meal. Begin with 1 tablet per day to assess personal tolerance. Avoid taking before bedtime.

WARNING: DO NOT EXCEED DIRECTED DOSAGE. Each tablet contains approximately 90 mg of caffeine, which is 1 1/2 times the amount in one cup of coffee. Contains phenylalanine and tyrosine. Not to be used by phenylketonurics. Do not use if you are pregnant, may become pregnant, breastfeeding, or taking any form of prescription nitrate such as nitroglycerin. If you have high blood pressure, heart or thyroid disease, diabetes or hypoglycemia, glaucoma, seizure disorder, difficulty urinating due to prostate enlargement, or taking Interferon, antidepressant drugs such as MAO or SSR inhibitors, or any other prescription drug, consult your physician before using this product. Reduce or discontinue use if nervousness, rapid heart beat, sleepiness, nausea or similar symptoms occur.

NOT INTENDED FOR USE BY PERSONS UNDER THE AGE OF 18.

KEEP OUT OF THE REACH OF CHILDREN.

Do not use if either tamper-evident seal is broken or missing.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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Manufactured for:
© SOURCE NATURALS, INC.
P.O. BOX 2118, SANTA CRUZ, CA 95062
www.sourcenaturals.com