SUGGESTED USE: Adults, as a dietary supplement, take one (1) capsule daily with a meal.

KEEP OUT OF REACH OF CHILDREN.
DO NOT USE IF SAFETY SEAL IS BROKEN.

IF YOU ARE NURSING, PREGNANT, TAKING MEDICATION OR HAVE A MEDICAL CONDITION, CONSULT YOUR PHYSICIAN BEFORE TAKING THIS PRODUCT.

Dr. Mercola has been providing quality products since 2001.



## DR. MERCOLA®

## **ASTAXANTHIN**

4 mg

with 300 mg ALA Per Capsule

**Dietary Supplement** 

90 Capsules

## Supplement Facts

Serving Size: 1 Capsule Servings Per Container: 90

	Amount Per Serving	%DV
Organic Astaxanthin (from Haematococcus pluvialis) Extract	4 mg	*
Alpha-Linolenic Acid (ALA) (from Perilla Seed Oil)	300 mg	*

\*Daily Value (DV) not established.

OTHER INGREDIENTS: Capsule (Fish Gelatin), Sunflower Lecithin, Organic Olive Oil, Rosemary Leaf Extract.

CONTAINS FISH (TILAPIA).

**DISTRIBUTED BY:** NHP, 125 SW 3rd Place Cape Coral, FL 33991 USA (877) 985-2696