SUGGESTED USE: Adults, as a dietary supplement, take one (1) capsule daily with a meal.

KEEP OUT OF REACH OF CHILDREN.

DO NOT USE IF SAFETY SEAL IS BROKEN.

IF YOU ARE NURSING, PREGNANT,
TAKING MEDICATION OR HAVE A MEDICAL
CONDITION, CONSULT YOUR PHYSICIAN
BEFORE TAKING THIS PRODUCT.

Dr. Mercola has been providing quality products since 2001.



## DR.MERCOLA®

## **ASTAXANTHIN**

4 mg

with 300 mg ALA Per Capsule

**Dietary Supplement** 

30 Capsules

## Supplement Facts

Serving Size: 1 Capsule
Servings Per Container: 30

Amount Per Serving %DV

Organic Astaxanthin (from Haematococcus pluvialis)
Extract

Alpha-Linolenic Acid (ALA) 300 mg (from Perilla Seed Oil)

OTHER INGREDIENTS: Capsule (Fish Gelatin), Surflower Lecithin, Organic Olive Oil, Rosemary Leaf Extract.

CONTAINS FISH (TILAPIA).

"Daily Value (DV) not established.

**DISTRIBUTED BY:** NHP, 125 SW 3rd Place Cape Coral, FL 33991 USA (877) 985-2696