

100% HDS Probiotics™

Unique Human Digestive Strains

Originated from human microflora

Compatible with your digestive system

Not from plant, soil, animal or dairy sources



NO REFRIGERATION • GLUTEN/DAIRY FREE

NEW LOOK
SAME POWERFUL FORMULA



fortify Optima®

PROBIOTIC

50 Billion

Live probiotic cultures per capsule

Adult 50+

Higher Bifidobacteria Ratio for Colon Health*†

30 Delayed Release Vegetarian Capsules
PROBIOTIC SUPPLEMENT with Researched Strains

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



Delayed Release Vegetarian Capsules



Made to **resist stomach acid** and help deliver active probiotics to the intestine



LBN10762.04 BLK8931



Recommendation:

Take 1 capsule daily. May be taken at any time, with or without food. If pregnant, nursing, or taking any medications, consult a healthcare professional before use.

Supplement Facts

Serving Size 1 Capsule

Amount per Serving	% DV
Fortify™ Optima®	250 mg**
50 billion CFU proprietary blend	
Bifidobacteria HDS Probiotics	
<i>B. lactis</i> HDS (BI-04*)	
<i>B. infantis</i> HDS (Bi-26)	
<i>B. lactis</i> HDS (BI-07*)	
<i>B. lactis/bifidum</i> HDS (Bb-02)	
Lactobacilli HDS Probiotics	
<i>L. acidophilus</i> HDS (La-14)	
<i>L. acidophilus</i> HDS (NCFM*)	
<i>L. gasseri</i> HDS (Lg-36)	

**Daily Value (DV) not established.

Other ingredients: cellulose, plant-derived capsule (hypromellose, gellan gum), magnesium stearate, silica

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Questions? 1-800-9NATURE / naturesway.com

GLUTEN & DAIRY FREE

No artificial colors or preservatives

SHELF STABLE • NO REFRIGERATION

50 billion CFU potency guaranteed until expiration date when stored in a dry place at 73°F (23°C) or below.

Keep out of reach of children. Safety sealed in blister units. Do not use if individual blisters are open or torn.

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8 Probiotic Strains for Colon Health*

50 billion active probiotics with researched strains NCFM®, BI-04® and BI-07®

Higher bifidobacteria ratio (30 billion CFU) to support colon health*

Bifidobacteria in the colon tends to decline with age

Fortify™ Optima® Adult 50+ helps replenish bifidobacteria in the colon*



Digestive Balance & Immunity*

Protects against occasional bloating, constipation and digestive discomfort.* Plus supports healthy immune function*

*As compared to Fortify™ Optima® Digestive Balance formula.

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