

Recommendation:
Take 1 capsule daily. May be taken at any time, with or without food. If you are pregnant, nursing, or taking any medications, consult a healthcare professional before use.

Supplement Facts

Serving Size 1 Capsule

Amount per Serving		% DV
Vitamin C (as potassium ascorbate)	60 mg	67%
Fortify™ Optima®	256 mg	**
50 billion CFU proprietary blend		
<i>Bifidobacteria</i> HDS Probiotics		
<i>B. lactis</i> HDS (BI-04®)		
<i>B. infantis</i> HDS (Bi-07®)		
<i>B. lactis</i> HDS (Bi-26™)		
<i>B. lactis/bifidum</i> HDS (Bb-02™)		
<i>Lactobacilli</i> HDS Probiotics		
<i>L. acidophilus</i> HDS (La-14®)		
<i>L. gasseri</i> HDS (Lg-36™)		
<i>L. acidophilus</i> HDS (NCFM®)		

**Daily Value (DV) not established.

Other ingredients: plant-derived capsule (hypromellose, gellan gum), cellulose, magnesium stearate, silica

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Green Bay, WI 54311 USA
Questions? 1-800-9NATURE /naturesway.com

GLUTEN & DAIRY FREE

No artificial colors or preservatives

SHELF STABLE • NO REFRIGERATION

50 billion CFU potency guaranteed

until expiration date when stored in a dry place at 73°F (23°C) or below.

Keep out of reach of children.

Safety sealed in blister units. Do not use if individual blisters are open or torn.

***THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.**

8 Probiotic Strains and Vitamin C for Immune Defense*

50 billion active probiotic cultures combined with Vitamin C for immune system support*

Researched probiotic strains

B. lactis BI-04® and *B. lactis* Bi-07® that help support healthy immune function*

Digestive Balance*

3 *Lactobacilli* strains and 5 *Bifidobacteria* strains to help promote healthy digestion, plus relieves occasional bloating, constipation, and digestive discomfort*

BI-07® and BI-04® are trademarks of DuPont. In the USA, NCFM® is a trademark of the North Carolina Agricultural Foundation, Inc. NCFM®, BI-07® and BI-04® are used under license.



100% HDS Probiotics™

Unique Human Digestive Strains

Originated from human microflora

Compatible with your digestive system

Not from plant, soil, animal or dairy sources



NO REFRIGERATION • GLUTEN/DAIRY FREE

NEW LOOK
SAME POWERFUL FORMULA

SINCE **Nature's Way** 1969

fortify™
Optima®
PROBIOTIC

50 Billion

Live probiotic cultures per capsule

Immune Defense
plus Digestive Support*

30 Delayed Release Vegetarian Capsules
PROBIOTIC SUPPLEMENT with Researched Strains

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Delayed Release

Vegetarian Capsules



Made to **resist stomach acid** and help deliver active probiotics to the intestine



LBN10763.02 BLK8930



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