

NaturalStacks.com

SUGGESTED USE: Take 2-3 capsules to support a positive mood or as directed by a healthcare practitioner. Do not exceed 6 capsules per day.

Serotonin Brain Food™ is designed to support the body's natural production of serotonin, a neurotransmitter essential to mental well being, stress relief and a positive mood.†

Warning: Consult a healthcare practitioner before taking this or any nutritional supplement if you are pregnant/nursing, have or suspect a medical condition, are taking any medications (particularly SSRIs or MAOIs), or other non-Natural Stacks® dietary supplements. Do not use if safety seal is broken or missing. Store in a cool dry place. **KEEP OUT OF REACH OF CHILDREN.**

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



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USA manufactured in
a cGMP certified facility.



SEROTONIN BRAIN FOOD™

Anytime Support For:
A POSITIVE MOOD†

60 VEGETARIAN CAPSULES

DIETARY SUPPLEMENT

3rd Party Lab Tested

Supplement Facts

Serving Size: 3 Capsules

Servings Per Container: 20

	Amount Per Serving	%DV*
Vitamin B-3 (Niacinamide)	150 mg	750%
Magnesium (Magnesium glycinate)	50 mg	13%
Zinc (Zinc glycinate)	20 mg	133%
L-Tryptophan	1,250 mg	**
Rhodiola Rosea (root) extract	400 mg	**
(Standardized to 3% total rosavins, min 1% salidroside)		

*Percent Daily Values (DV) are based on a 2,000 calorie diet.

**Percent Daily Value (DV) not established.

Other Ingredients: Vegetable Capsule (Cellulose, Water), Ascorbyl Palmitate, Silica.

Formulated & Distributed By: NS 360, Inc.
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Ingredients Naturally Free
of: Gluten, Dairy, Soy,



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