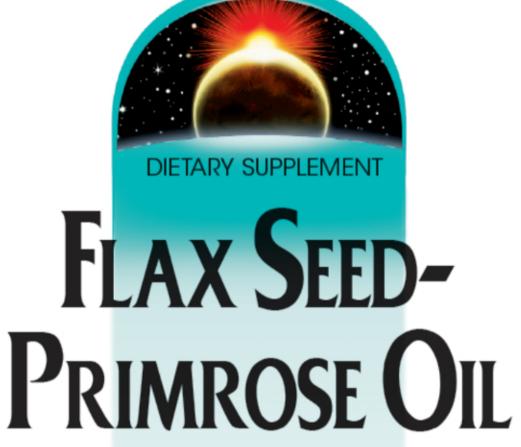
SOURCE NATURALS®



OMEGA 3,6,9 EFA COMPLEX

1,300 MG • 180 SOFTGELS

Supplement Facts Serving Size 2 Softgels Servings Per Container 90

	Amount Per Serving	%DV
Calories	25	
Calories from Fat	25	
Total Fat	2.5 g	4%*
Saturated Fat	0 g	<1%
Trans Fat	0 g	†
Flaxseed/Primrose Seed Oil Complex	2.6 g	†
Yielding omega-3, omega-6 & omega-9 fatty acids:		
alpha-Linolenic Acid (ALA)	880 mg	†
Linoleic Acid	846 mg	†
Oleic Acid	260 mg	†
gamma-Linolenic Acid (GLA)	94 mg	†
*Percent Daily Values (%DV) are based on a 2,000 †Daily Value not established.	calorie diet.	

Other ingredients: gelatin, glycerin, and purified water.

Suggested Use: 1 to 2 softgels twice daily with meals.

NOTE: If you are pregnant, may become pregnant, or breastfeeding, consult your health care professional before using this product.

Source Naturals **FLAXSEED-PRIMROSE OIL** provides *omega*-3, *omega*-6, and *omega*-9 essential fatty acids (EFAs). EFAs act as precursors to molecules such as prostaglandins, thromboxanes and leukotrienes, which help regulate cellular function. EFAs have been shown to play a role in blood pressure maintenance, sustaining healthy skin and providing nutritional support during women's cycles.*

Flaxseed oil, a vegetable source of *alpha*-linolenic acid (ALA) and evening primrose oil, a natural source of *gamma*-linolenic acid (GLA), provide a potent combination of EFAs.

Do not use if either tamper-evident seal is broken or missing. Keep out of the reach of children.

HYPOALLERGENIC: contains no yeast, dairy, egg, gluten, corn, soy or wheat. Contains no sugar, starch, salt, preservatives, or artificial color, flavor or fragrance.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

SN1143 REV K132

Manufactured for:
© SOURCE NATURALS, IN
PO. BOX 2118
SANTA CRUZ, CA 95062
www.sourcenaturals.com

