

Warning: Do not use this product if you are pregnant, attempting to become pregnant, nursing, taking any medications, being treated for depression, diabetes, seizures, blood clotting disorders, or disorders of the immune or endocrine systems, unless advised by a healthcare professional. Avoid taking with alcohol or products that increase drowsiness. Do not take melatonin while operating a motor vehicle or machinery, and do not exceed suggested dose without the advice of a healthcare professional.

Keep out of reach of children. Safety sealed for your protection with printed outer shrink band around bottle cap. Do not use if seal is broken or missing. Store in a cool, dry place.

Suntheanine®, a patented form of L-Theanine, is a registered trademark of Taiyo International, Inc.

◆ LS10746.B02 BLQ8920B

 **VEGETARIAN**

NON-ALCOHOLIC • GLUTEN-FREE

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Questions? 1-800-9NATURE / naturesway.com



Sleep tonight™

Melatonin Drops

WITH L-THEANINE (Suntheanine®) & HERBALS

Cherry Flavored
Dietary Supplement 2 fl oz (59 mL)

Recommendation: Shake well before each use. Take 2.5 droppers (2.5 mL) before bedtime. May be taken directly or combined with water or juice.

Supplement Facts

Serving Size ½ teaspoon (tsp) (2.5 mL)

Servings per Container 23

Amount per Serving	% DV
Calories	5
Total Carbohydrate	1 g <1%†
Total Sugars	0 g **
Includes 0 g Added Sugars	0%†
Sugar Alcohol	1 g **
L-Theanine (Suntheanine® brand)	200 mg **
Nighttime Herbal Blend	20 mg **
Passionflower Extract (aerial parts), Lemon Balm Extract (leaf)	
Melatonin	5 mg **

†Percent Daily Values (DV) are based on a 2,000 calorie diet. **Daily Value not established.

Other ingredients: glycerin, purified water, citric acid (preservative to maintain freshness), vegetable and fruit juice color, natural flavor