

NOTICE: Product amount based on weight, not volume. Some settling may occur. To ensure proper mixture, shake well before use. Store in a cool, dry place.

WARNING: Intended for use by healthy adults, 18 years and older. Consult your Physician before using this product if you are taking any medication or are under a Physician's care. Not for use by women that are pregnant, trying to become pregnant, or nursing. Beta-Alanine may cause a harmless, temporary tingling or flushing sensation. **KEEP OUT OF REACH OF CHILDREN.**

* When combined with a proper exercise and nutrition program.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to cure, treat, or prevent any disease.



ENERGY^{†*}
PUMP^{†*}
FOCUS^{†*}

Net Wt. 12.35 oz (350 grams)
Dietary Supplement

ISLAND Mist
NATURAL LIME & ACAI FLAVORS



NATURAL PRE WORKOUT

Supplement Facts

Serving Size: 1 Scoop (14 g)
Servings Per Container: 25

Amount Per Serving	% DV	
Calories	0	
Total Carbohydrates	4 g	1%
Erythritol	4g	
L-Citrulline Malate 2:1	3 g	†
Beta-Alanine	2 g	†
Creatine Monohydrate	2 g	†
Choline L-Bitartrate	1 g	†
Organic Caffeine (from green coffee beans)	200 mg	†

* Percent Daily Values (DV) are based on a 2,000 calorie diet.
† Daily Value Not Established

OTHER INGREDIENTS: Erythritol, Natural Flavors, Organic Stevia, Silica

SUGGESTED USE: Mix 1 scoop in 6-8 oz. of water; Consume 20-30 minutes before training or physical activity. **DO NOT EXCEED 1 SCOOP DAILY.**

Manufactured By:



Granbury, TX 76048
www.northboundnutrition.com



OWN YOUR PASSION