

TRUE ATHLETE®

NATURAL ENERGIZED TRAINING FORMULA 2.0

fruit punch



3 g micronized
creatine

sucralose
free

**NO artificial colors,
flavors or sweeteners**



dietary supplement NET WT 8.46 oz. (240 g)

Supplement Facts

Serving Size: 1 Scoop (8 g)
Servings Per Container 30

	Amount Per Serving	% Daily Value
Calories	10	
Total Carbohydrate	2 g	1%†
Calcium	30 mg	2%
Micronized Creatine Monohydrate	3000 mg	*
Beta-Alanine (as CarnoSyn®)	1600 mg	*
Beet Root Extract (<i>Beta vulgaris rubra</i>) (root)	500 mg	*
Caffeine (<i>Coffea robusta</i>) (green coffee beans)	150 mg	*

†Percent Daily Values are based on a 2,000 calorie diet.
*Daily Value not established.

Other Ingredients: Natural flavors, citric acid, malic acid, stevia, silicon dioxide, calcium silicate, monk fruit.
Does not contain: Gluten, Sugar, Salt, Artificial Colors, Flavors or Sweeteners.

DIRECTIONS: Mix one (1) scoop (8 g) with 8-10 oz. of water prior to training.

WARNING: Consult your healthcare provider prior to use if you are pregnant, nursing, taking any medication or have any medical conditions.

▲ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

- ▲ High-performance pre-workout created for athletes and fitness enthusiasts who demand clean nutrition with no artificial colors, flavors or sweeteners.
- ▲ CarnoSyn® beta-alanine supplementation may support muscle carnosine.

Products that are designated “NSF Certified for Sport®” are rigorously tested to help ensure that they contain no banned substances, unlisted ingredients, or harmful impurities.

STORE IN A COOL, DRY PLACE. KEEP OUT OF REACH OF CHILDREN.

TAMPER EVIDENT Do not use if outer seal is broken or missing.

CarnoSyn®
Carnosine Synthesizer

Natural Alternatives International (NAI) is the owner of patents as listed on www.carnosyn.com and registered trademark of Carnosyn®.

Distributed by: Vitamin Shoppe, Inc. Secaucus, NJ 07094
Visit www.vitaminshoppe.com or call 1-866-293-3367.

Item No.
VS-3767
2189298

