

Solgar's L-Carnitine Vegetable Capsules are free of corn, yeast, wheat, soy, gluten and dairy products and are formulated without the use of artificial preservatives, flavors or colors.

To assure freshness and potency, store at room temperature 59°-86°F (15°-30°C). Store away from heat, light and moisture.

Solgar's KOF-K certification #K-1250



# L-CARNITINE 250 mg (FREE FORM)

DIETARY SUPPLEMENT

**180 VEGETABLE CAPSULES**  
SUITABLE FOR VEGETARIANS  
SUGAR, SALT AND STARCH FREE



## Supplement Facts

Serving Size 1 Vegetable Capsule

Amount Per Serving		%DV
Vitamin B6 (as pyridoxine HCl)	2.5 mg	125%
L-Carnitine	250 mg	*

\*Daily Value (DV) not established.

Other Ingredients: Microcrystalline Cellulose, Vegetable Cellulose, Vegetable Stearic Acid, Vegetable Magnesium Stearate, Silica.

**SUGGESTED USE:** As a dietary supplement for adults, take one (1) to two (2) vegetable capsules daily with juice or water, between meals, or as directed by a healthcare practitioner.

**If you are pregnant, nursing, taking any medication or have a medical condition, please consult your healthcare practitioner before taking any dietary supplement.**

Keep out of reach of children.

DO NOT USE IF OUTER BOTTLE SEAL IS MISSING, TORN OR DAMAGED IN ANY WAY.

For more information, call toll-free  
1-877-SOLGAR 4  
[www.solgar.com](http://www.solgar.com)

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CAREFULLY MANUFACTURED BY:  
**SOLGAR VITAMIN AND HERB, LEONIA, N.J. 07605 U.S.A.**

