

L-Carnitine is a dipeptide made up of two other essential amino acids: L-Methionine and L-Lysine. It promotes energy and fat metabolism, and is found naturally in cells which use fat for energy. This formulation provides Free Form L-Carnitine to promote optimal absorption and assimilation.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Carefully Manufactured by:
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L-CARNITINE 250 MG

FREE FORM
SUPPORTS ENERGY & FAT METABOLISM*

GLUTEN, WHEAT & DAIRY FREE
SUITABLE FOR VEGETARIANS

90 VEGETABLE CAPSULES

DIETARY SUPPLEMENT



Supplement Facts

Serving Size: 2 Vegetable Capsules

Servings Per Container: 45

Amount Per Serving	%DV
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Vitamin B6	5 mg	250%
(as pyridoxine HCl)		

L-Carnitine	500 mg	**
(Free Form)		

****Daily Value (DV) not established**

Other Ingredients: Microcrystalline Cellulose, Vegetable Cellulose, Vegetable Stearic Acid, Vegetable Magnesium Stearate, Silica.

FREE OF: Gluten, Wheat, Dairy, Soy, Yeast, Sugar, Sodium, Artificial Flavor, Sweetener, Preservatives and Color.

SUGGESTED USE: As a dietary supplement for adults, take two (2) to eight (8) vegetable capsules daily, between meals, or as directed by a healthcare practitioner.

If you are pregnant, nursing, taking any medication or have a medical condition, please consult your healthcare practitioner before taking any dietary supplement. Keep out of reach of children. Store in a cool, dry place. Do not use if outer bottle seal is missing, torn or damaged in any way.

Solgar's KOF-K certification #K-1250

