

Supplement Facts

Serving Size: 1 Tbsp (15mL)

Servings Per Container: About 32

Amount Per Serving	% DV*
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Calories 130	
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Total Fat 14g	18%*
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Saturated Fat 14g	70%*
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Trans Fat 0g	
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Capric & Caprylic Acid Triglycerides 14g	**
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* Percent Daily Values are based on a 2000 calorie diet.

** Daily Value not established

Ingredients: Capric and caprylic acid triglycerides from highly refined coconut oil.

Extracted from 100% orangutan-friendly coconut oil. No palm oil whatsoever.

Refrigeration not required. Safety-sealed.

XCT and all edible oils react with certain plastics (including styrofoam) and should only be used with utensils and containers made of metal, glass, ceramic or safe HDPE plastics.

We use non-BPA, recyclable HDPE bottles to reduce environmental impacts of padding, packing and shipping glass bottles.

Distributed by
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FUEL YOUR BEST.†

XCT oil is not your average MCT oil. Made from coconuts, this smart fat contains the two most ketogenic MCTs. Plus, XCT is free of lauric acid, which is harder to process and can slow you down. It's an energy-rich fuel designed to power your day, and won't cause crashes like sugar or carbs.†

RECIPE FOR SUCCESS.

XCT oil is flavorless so you can add it to just about everything. Start with one teaspoon and build to the full one-tablespoon serving over several days. Try it in salad dressings, smoothies or your morning cup of Bulletproof Coffee—just start small so your stomach stays happy.

Do not heat above 320° F
Love it or we'll refund it.

†THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



BULLETPROOF®

XCT®
OIL

HIGH-PERFORMANCE
MCTs

SMART FAT

DIETARY SUPPLEMENT
NET WT. 16 FL OZ / 1 PT (473 mL)