

LOVE YOUR BRAIN

You've only got one brain—show it some love. Methyl B-12 is an easily absorbable form of B-12 that supports healthy brain cells and nerve tissue, helping to keep your brain in shape as you age.[†] That's just smart.

WHY: Good for your brain. Especially important for vegetarians.[†]

HOW: One daily. Chew or allow lozenge to dissolve in mouth before swallowing.



As with any supplement, consult your healthcare provider before use, particularly if you are pregnant, nursing or taking medication.

[†]THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



BULLETPROOF

FORTIFY

COOL SPEARMINT

METHYL B-12

Brain & Nerves[†]

DIETARY SUPPLEMENT | 60 LOZENGES | 5,000mcg

Supplement Facts

Serving Size: 1 Lozenge
Servings Per Container: 60

	Amount Per Serving	% Daily Value
Vitamin B12 (as methylcobalamin)	5,000mcg	208,333%

Other Ingredients: Mannitol, microcrystalline cellulose, sodium starch glycolate, ascorbyl palmitate, natural spearmint flavor, silicon dioxide.

Store in a cool, dry place.

Do not use if tamper evident seal is broken.



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