Solgar's Calcium Lactate Tablets are free of corn, yeast, wheat, soy, gluten and dairy products and are formulated without the use of artificial preservatives, flavors or colors.

To assure freshness and potency, store at room temperature 59˚-86˚F (15˚-30˚C). Store away from heat, light and moisture.

Solgar's KOF-K certification #K-1250

DISSOLVES RAPIDLY

SOLGAR® Since 1947

CALCIUM LACTATE

DIETARY SUPPLEMENT

250 TABLETS

SUITABLE FOR VEGETARIANS

SUGAR AND STARCH FREE

PARVE

Supplement Facts

Serving Size 9 Tablets
Servings Per Container About 27

Amount Per Serving		%DV
Calories	15	
Total Carbohydrate	4 g	1%*
Dietary Fiber	1 g	4%*
Calcium (as calcium lactate)	760 mg	76%
Sodium†	10 mg	<1%

* Percent Daily Values (DV) are based on a 2,000 calorie diet.

Other Ingredients: Microcrystalline Cellulose, Vegetable Cellulose, Silica, Vegetable Magnesium Stearate, Vegetable Glycerin.

SUGGESTED USE: As a dietary supplement for adults, take nine (9) tablets daily preferably at mealtime. May be distributed throughout the day, or as directed by a healthcare practitioner.

If you are pregnant, nursing, taking any medication or have a medical condition, please consult your healthcare practitioner before taking any dietary supplement.

Keep out of reach of children.

† Naturally occurring; therefore amount may vary.

DO NOT USE IF OUTER BOTTLE SEAL IS MISSING, TORN OR DAMAGED IN ANY WAY.

For more information, call toll-free
1-877-SOLGAR 4
www.solgar.com

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CAREFULLY MANUFACTURED BY:
SOLGAR VITAMIN AND HERB, LEONIA, N.J. 07605 U.S.A.

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