## TRUE ATHLETE

## **ENDURANCE AND RECOVERY**

grape

**9** g amino acids

NO artificial colors



dietary supplement

NET WT 12.7 oz. (360.3 g)

## **Supplement Facts**

Serving Size: 1 Scoop (12 g) Servings Per Container About 30

|   | Amount<br>Per Serving | % Daily<br>Value |
|---|-----------------------|------------------|
| Calories  | 5                     |                  |
| Total Carbohydrate  | 1 g                   | <1%⁺             |
| Taurine   | 2500 mg               | *                |
| L-Leucine   | 2500 mg               | *                |
| L-Isoleucine  | 1250 mg               | *                |
| L-Valine  | 1250 mg               | *                |
| PeakO <sub>2</sub> ® (as <i>Cordyceps militaris</i> (Cordyceps)<br><i>Ganoderma lucidum</i> (Reishi), <i>Pleurotus</i><br><i>eryngii</i> (King Trumpet), <i>Lentinula edodes</i><br>(Shiitake), <i>Hericium erinaceus</i> (Lion's Mane<br><i>Trametes versicolor</i> (Turkey Tail)) | , 0                   | *                |
| Glycine   | 500 mg                | *                |
| L-Ornithine HCI   | 500 mg                | *                |
| L-Alanine   | 250 mg                | *                |
| L-Lysine HCl  | 250 mg                | *                |

†Percent Daily Values are based on a 2,000 calorie diet. †Daily Value not established.

Other Ingredients: Tartaric acid, malic acid, silicon dioxide, natural flavors, grape juice concentrate (for color), sucralose, stevia, xanthan gum.

Does not contain: Gluten, Sugar, Salt, Artificial Colors or Flavors.

**DIRECTIONS:** Mix one (1) scoop (12 g) with 10-12 oz. of water.

**WARNING:** Consult your healthcare provider prior to use if you are pregnant, nursing, taking any medication or have any medical conditions.

- ▲ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.
- ▲ High quality vegan BCAAs to promote recovery and delay fatigue.
- PeakO<sub>2</sub>®, a mushroom blend, which research has shown it can support fatigue delay, lactate reduction, and the capacity to sustain performance during exercise.

## Sweetened with sucralose

Products that are designated "NSF Certified for Sport®" are rigorously tested to help ensure that they contain no banned substances, unlisted ingredients, or harmful impurities.

STORE IN A COOL, DRY PLACE, KEEP OUT OF REACH OF CHILDREN.

TAMPER EVIDENT Do not use if outer seal is broken or missing.

PeakO<sub>2</sub>® is a registered trademark of and is protected by patents pending of Disruptive Nutrition, LLC and under exclusive global distribution by Compound Solutions, Inc.

Distributed by: Vitamin Shoppe, Inc. Secaucus, NJ 07094
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