

Suggested Use: Enjoy one (1) piece per day.



#HealthMadeHappy

ENCODING AREA
.5" x 1.5"

Supplement Facts

Serving Size: 1 piece
Servings Per Container: 60

Amount Per Serving	% DV	Amount Per Serving	% DV
Calories	25	Biotin	375 mcg 125%
Calories from Fat	10	Pantothenic Acid	10 mg 100%
Total Fat	1.5 g 2%*	(as d-calcium pantothenate)	
Saturated Fat	1 g 5%*	Iodine	150 mcg 100%
Total Carbohydrate	4 g 1%*	(as potassium iodide)	
Sugars	3 g **	Zinc	3 mg 20%
Vitamin A	2500 IU 50%	(as zinc citrate)	
(as retinyl palmitate)		Manganese	200 mcg 10%
Vitamin C	30 mg 50%	(as manganese sulfate)	
(as sodium ascorbate)		Molybdenum	21 mcg 28%
Vitamin D	800 IU 200%	(as sodium molybdate)	
(as cholecalciferol)		Vitamin D	20 mg 1%
Vitamin E	30 IU 100%	Inositol	8 mg **
(as dl-alpha-tocopheryl acetate)		(as inositol niacinate, inositol)	
Thiamin	300 mcg 20%	Boron	150 mcg **
(as thiamine mononitrate)		(as boron gluconate)	
Niacin	10 mg 50%	Choline	40 mcg **
(as inositol niacinate)		(as choline citrate)	
Vitamin B6	2 mg 100%		
(as pyridoxine hydrochloride)			
Folate (as folic acid)	400 mcg 100%		
Vitamin B12	15 mcg 250%		
(as cyanocobalamin)			

Other Ingredients: Dark Chocolate Flavored Coating (Sugar, Palm Kernel and Palm Oil, Cocoa Processed with alkali, Soy Lecithin, Natural Flavor, Milk, Salt), Sugar, Glucose Syrup, Palm Oil, Peanuts, Milk, Egg Whites, Cocoa Processed with alkali, Salt, Baking Soda, Vanilla Flavor, Peanut Flavor, less than 1% - Mono and Diglycerides, Fractionated Coconut Oil.

ALLERGENS: CONTAINS PEANUTS, MILK, EGG AND SOY.

Manufactured in a facility that processes peanuts, milk, egg and soy.

Take only as directed. Do not consume if you have any food allergies. Do not exceed suggested dosage. If you have a medical condition, are on medication, or are pregnant or nursing, please seek the advice of a qualified health care professional before using. Do not use if inner seal is broken or missing. Store in a cool, dry place.

KEEP OUT OF THE REACH OF CHILDREN.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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myBite
vitamins

multi
hers
COMPLETE MULTIVITAMIN PLUS
METABOLISM & BONE SUPPORT†



No
Artificial
Colors or
Flavors

— DARK —

**dark chocolatey bites with
rich caramel, roasted peanuts
and a whipped center**



60 BITES

60 Day
Supply

DIETARY SUPPLEMENT

HEALTH MADE HAPPY®

Indulge in the complete nutrition you need to tackle your day, with one tasty bite of essential vitamins and nutrients.

ONLY CALORIES
25 Per Serving



EXCELLENT SOURCE OF
B VITAMINS

Helps convert food to fuel to keep you going†



VITAMIN D
200% DV

Helps your body absorb Calcium, supporting strong bones and teeth†



FOLIC ACID
100% DV

Essential nutrient for women's health†

one bite equals:



AS MUCH VITAMIN A AS
4 SERVINGS OF LOW-FAT
GREEK YOGURT



AS MUCH VITAMIN C
AS 3 SERVINGS OF
CHERRIES



Gluten Free



No Artificial
Colors



Vegetarian



No Artificial
Flavors



Kosher U^D



No Added
Preservatives



Made in the USA
With ingredients from
around the world.