

Delicious Vanilla Flavored

- Gentle oat bran and prebiotic fiber blend
- Helps promote and maintain digestive regularity*
- Great-tasting alternative to gritty fiber powder supplements

Keep out of reach of children. Safety sealed with printed inner seal. Do not use if seal is broken or missing.

Contains no salt, yeast, dairy products, or artificial colors, flavors, or preservatives.

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Questions? 1-800-9NATURE / naturesway.com



◆ LN12718.01

BLK752



*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



◀ DIGESTIVE ▶

REGULATE

FIBER BLEND PROMOTES
AND MAINTAINS REGULARITY*

OAT BRAN
& PREBIOTIC
FIBER

● 60 CHEWABLE
VEGETARIAN TABLETS

DIETARY
SUPPLEMENT

Recommendation: Take 1 tablet daily for the first week, then increase to 2 tablets daily. If additional fiber is desired, slowly increase to taking 2 tablets four times daily. If you are pregnant, nursing, or taking any medications, consult a healthcare professional before use.

Supplement Facts

Serving Size 2 Chewable Tablets

Servings per Container 30

Amount per Serving	% DV	
Calories	15	
Total Carbohydrate	6 g	2%†
Dietary Fiber	4 g	14%†
Total Sugars	2 g	**
Includes 2 g Added Sugars	4%†	
Regulate Proprietary Blend inulin fiber (inulin and fructooligo- saccharides [FOS] from chicory root), oat bran fiber	4.4 g	**

†Percent Daily Values (DV) are based on a 2,000 calorie diet. **Daily Value not established.

Other ingredients: fructose, stearic acid, soy lecithin, natural flavor
Contains soy.